

Service-Learning Reflection Journal

After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (Service Learning outcome #1)
 - a) Provide examples of learning experiences that met outcome #1.
 - a. After leaving the shelter, I reflected on a lot of different things. I reflected on how great of a resource the shelter is, what I can do as a future nurse to help them, and how the shelter can be improved.
 - b) State the location of the service-learning hours.
 - a. El Shaddai in Effingham
 - c) How will the experience assist with future nursing practice?
 - a. The experience that I gained will assist with future nursing practice because reflection happens often as a nurse. Reflecting on what could have went better, what happened that was good, and the overall outcome of the patient.

2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Outcome #2)
 - a) Provide examples of learning experiences that met outcome #2.
 - a. Through volunteering at a shelter in my community, I realized how diverse Effingham County is. I got a better understanding of significant issues in our society, such as homelessness among mothers. There were multiple women with children living in this shelter for months on end.
 - b) State the location of the service-learning hours.
 - a. El Shaddai in Effingham, IL
 - c) How did the experience assist with future nursing practice?
 - a. This experience assisted with my future nursing practice because it opened my eyes to the well-being of others in my community. As a nurse, a sense of accountability for others' well-being is developed over time. This experience made me realize that there are so many people in my community who struggle with homelessness, even mothers.

3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Outcome #3)
 - a) Provide examples of learning experiences that met outcome #3.

- a. Observing the number of families that need assistance with childcare during times of crisis made me develop an understanding of issues impacting family, population, and community health needs.
 - b. Along with that, seeing how many women and children were at the shelter helped me understand family issues in my community.
 - b) State the location of the service-learning hours.
 - a. Crisis Nursery of Effingham County
 - b. El Shaddai in Effingham
 - c) How will the experience assist with future nursing practice?
 - a. This experience will assist with future nursing practice because I will have a better understanding of what my patients who are homeless or mothers go through just to be in the hospital without their children.

4. Develop their ability to work collaboratively in a variety of settings. (Outcome #4)
 - a) Provide examples of learning experiences that met outcome #4.
 - i. Assisting with a fundraiser that was a Trivia Night with many volunteers helped develop an ability to collaborate.
 - b) State the location of the service-learning hours.
 - i. Crisis Nursery Annual Fundraiser
 - c) How will the experience assist with future nursing practice?
 - i. This experience assisted with the future nursing process because, as a nurse, you will be part of a large team. The healthcare team will involve nurses, providers, assistive personnel, PT, OT, SLP, etc. Everyone is working towards a common goal, just like at Trivia Night.

5. Learn about diverse cultural perspectives and develop a respect for cultural differences. (Outcome #5)
 - a. Provide examples of learning experiences that met outcome #5.
 - i. Many homeless individuals are of different cultures and may speak a different language. While volunteering, we witnessed a Creole woman who had her newborn and was staying at the shelter. There was also an African woman with her child there. They both did not speak English but tried to talk to me while I was volunteering. This made me respect them just because they were just trying to get to know me, even though I was different than them.
 - b. State the location of the service-learning hours.
 - i. El Shaddai in Effingham, IL

- c. How will the experience assist with future nursing practice?
 - i. This experience will assist with future nursing practice because we will care for patients from all different walks of life. Other cultures, races, and ethnicities will be seen on a daily basis by nurses. It is important to be a culturally competent and intelligent nurse.

- 6. Observe organizational and community decision-making styles and reflect on how these are utilized to promote health and wellness in communities. (Outcome #6)
 - a. Provide examples of learning experiences that met outcome #5.
 - i. I heard about all of the different decisions and conversations that I learned about that went into Crisis Nursery to promote health and wellness in Effingham. Meghan, the director, spoke to us about how the nursery came about, what went into it, and how the community helped them.
 - b. State the location of the service-learning hours.
 - i. Crisis Nursery of Effingham County
 - c. How will the experience assist with future nursing practice?
 - i. This experience will assist my future nursing practice because decision-making happens in nursing as well. Every decision that the provider makes will promote health and wellness in patients, which will trickle down into promoting health and wellness in a community.

Meeting the service learning outcomes will meet program outcomes for graduation.
Each student must meet all outcomes.

Meeting Program Outcomes

Service Learning outcome #1 meets program outcome # 5

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1