Approved 4/29/2024

Service-Learning Reflection Journal

After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (Service Learning outcome #1)
    a) Provide examples of learning experiences that met outcome #1.
        a. I spoke with high school students who were in the health occupation program about the experience of going through nursing school and I answered questions to help guide them through making decisions about college and nursing school.
    b) State the location of the service-learning hours.
        a. Lakeview college of nursing
    c) How did the experience assist with future nursing practice?
        a. This volunteer opportunity helped me gain experience in being a leader by teaching students about the perks of going through nursing school.

2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Outcome #2)
    a) Provide examples of learning experiences that met outcome #2.
        a. This volunteering experience helped me to stay informed on the different issues that people in my community are facing and gave me the opportunity to make a positive impact on the women and children living in the home by helping ensure that they are clothed.
    b) State the location of the service-learning hours.
        a. El Shaddai Maternity Home
    c) How did the experience assist with future nursing practice?
        a. This experience will assist with future nursing practice by giving me insight on some of the struggles that some of my future patients may be dealing with in their personal lives.

3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Outcome #3)

    a) Provide examples of learning experiences that met outcome #3.
        a. The women living in the El Shaddai Maternity home all come from complex backgrounds that caused them to end up living in the home. I got to speak with some of the women about their experiences while volunteering.
    b) State the location of the service-learning hours.
        a. El Shaddai Maternity home
    c) How did the experience will assist with future nursing practice?
        a. This helped me gain experience using therapeutic communication when speaking with some of the women from the home.

4. Develop their ability to work collaboratively in a variety of settings. (Outcome #4)

    a) Provide examples of learning experiences that met outcome #4.
        i. I got to work alongside a variety of different staff members and women living in the home and did multiple different tasks throughout the house such as going through and organizing the women's closet and the children's closets.
    b) State the location of the service-learning hours.
        i. El Shaddai Maternity home
    c) How did the experience will assist with future nursing practice?
        i. This volunteer opportunity helped me develop better organizational and problem solving skills when having to figure out a good strategy to ensure that the children's and women's closets stay organized so items could be found when they are needed.

5. Learn about diverse cultural perspectives and develop a respect for cultural differences. (Outcome #5)

    a. Provide examples of learning experiences that met outcome #5.
        i. At the El Shaddai Maternity home, there were a variety of different individuals with different cultures and backgrounds that were living in

the home. I got to speak with many of the women and see the differences in the ways that they cared for their children.

b. State the location of the service-learning hours.
   i. **El Shaddai Maternity Home**
c. How did the experience will assist with future nursing practice?
   i. **This experience assisted with future nursing practice by giving me a good insight on the differences between people's culture and to see how different families and cultures choose to raise their children.**

6. Observe organizational and community decision making styles and reflect on how these are utilized to promote health and wellness in communities. (Outcome #6)

   a. Provide examples of learning experiences that met outcome #6.
      i. **I donated arts and crafts supplies and other items to the Mattoon Rehabilitation and Health care center. I observed that they used many of these supplies to keep the residents entertained that can be used as prizes in games to the Mattoon. These donations can be used to help promote wellness in the patient's mental health by giving them activities to help keep them entertained.**
   b. State the location of the service-learning hours.
      i. **Mattoon Rehabilitation and Health Care Center**
   c. How did the experience will assist with future nursing practice?
      i. **This experience helped me gain knowledge on the fact that a large portion of a patients needs consist of their emotional wellbeing as well as their physical.**

Meeting the service learning outcomes will meet program outcomes for graduation. Each student must meet all outcomes.

Meeting Program Outcomes

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Service Learning outcome #1 meets program outcome # 5

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1