

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site is essential for understanding the care of pediatric patients in a school setting. This observation includes some nursing interventions done in the hospital, such as administering medication. This clinical rotation site also helps build relationships with pediatric patients and therapeutic communication. School nursing is involved in promoting health, such as healthy habits, nutrition, vaccination, and preventative measures, such as in cases of lice. The nurse also works closely with parents on this health promotion, such as sending home letters and communicating with teachers and parents to continue the children's health. This clinical rotation site involves communication with the pediatric population, care, and child development throughout school age.

2. How were you an engaged nursing professional today?

Today, I was able to observe how the nurse communicates with the medical professionals and teachers regarding the child's welfare. The nurse explained to me how important it is to get a doctor's order to give a child Tylenol or any other over-the-counter medication. If the child comes in frequently with a complaint, the nurse must communicate that effectively to the medical professional to obtain the order. I noticed that the nurse-maintained confidentiality regarding the student's healthcare concerns and did not explain their situation to anyone. Another act of professionalism I was a part of was actively listening to the students in what they needed and caring for them appropriately, not just brushing it off as no big deal. An example of this would be handing out an ice pack for no physical issue but the child complaining of their mouth hurting.

3. How did you contribute to the service provided by the school nurse today?

I was able to hand out a couple of ice packs to the students who came in complaining of various issues. I communicated effectively with the students and built rapport with them. The student was receptive to my questions and explained well when asked what was wrong and to describe it effectively. The nurse let me take the child's medication and put it in a medication cup while she walked it over to the student to administer the oral medication. The nurse let me ask questions about her role as a school nurse. I put a band-aid and cleaned up an abrasion on a child's knee that had fallen on the playground.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site is essential in maintaining Pediatric health. In addition to the parents, the school nurse and the teacher have access to the student to provide medical safety and well-being. The school nurse is there to provide immediate first aid to the students. This is impactful in the sense of treatment and preventing further damage. The nurse is in charge of promoting healthy habits, preventing illness, treating illness, and managing disease. The nurse aids a situation such as an asthma attack, allergic reaction, or diabetes management. The nurse is also there for the worst-case scenarios, such as seizures or unconsciousness.

5. What are the health risks of the population served during today's clinical based on your observations today?

The health risk I observed was the students going from the playground to eat lunch. I wasn't aware of the students being told to wash their hands or even observing them go to the bathroom to wash their hands after playing outside. Still, it could have been an incident where a student did not wash their hands after playing outside, putting kids at risk for an infection. Also, I noticed some children were not dressed appropriately for school. Some of the children were in shorts and a short-sleeved shirt; in my opinion, it was not warm enough for shorts for a kindergartener. This, to me, shows a risk of the child getting sick.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

I think it is essential that the teachers and the nurse teach the students to wash their hands for the correct amount of time and appropriately. This can be implemented by verbal directions or posters on the wall that are easy for a young child to understand. It would be beneficial for the nurse to explain to the students what can happen when the child does not wash their hands before they eat.

Risk for infection related to failure to perform hand hygiene (Phelps, 2023). The students will perform effective hand-washing techniques for the rest of the year. Interventions include health education on the spread of germs, positive reinforcement, and demonstration of the effective hand-washing technique.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This observation taught me how important the role of a school nurse is. Even though the school I shadowed was small, the one nurse cared for the elementary, middle, and high school students with medical problems. The nurse is there when the parent isn't, when the child feels sick, in pain, or needs a hug. This experience showed me the importance of gaining trust in your patients so they can communicate effectively with you and express how they feel more appropriately. The nurse's role was based on practical listening skills, caring appropriately for them, and making sure they felt safe and healthy.

References

Phelps, L. L. (2023). *Nursing diagnosis reference manual* (12th ed.) Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____