

Clinical Reflections: #3 – IMH Home Health

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1. How does this clinical site relate to Population/Global Health?

The home health department at Iroquois Memorial Hospital relates to population and global health by providing care to community clients who require additional support. Many of these clients belong to vulnerable populations, and home health is one resource that serves them. Home health provides easily accessible care for these clients. Many of these clients have chronic conditions that require multiple visits per week, and with home health, the nurse goes to their homes. It can also help to lower their costs because they do not need to be seen in a clinic so often.

2. How were you an engaged nursing professional during this clinical experience?

During this clinical, I assisted the nurse in emptying a Foley catheter bag and measuring the output. I also took the client's vital signs. I observed the nurse perform dressing changes for vascular ulcers that were present on the client's bilateral lower extremities. I also asked the home health nurse questions regarding the care she provides and home health nursing as a whole.

3. How did you or could you contribute to the service of the community through this clinical site?

I could contribute to the community through home health services by assisting nurses while they provide care to clients. The nurse visits each client's home and provides individualized care. Because of this, the nurse is very involved throughout the community. This home health clinical gave me more insight into a different area of nursing I never considered. I think it is a great specialty; however, I feel that I would be more comfortable in this area of nursing after gaining more experience because home health nursing is more independent, and the nurse mainly relies on their knowledge and skills while providing care.

4. Name three ways this clinical site impacts community health.

Home health impacts the community through providing care that is accessible to each client. Home health services take into consideration travel accommodations for these clients, as some may require multiple visits throughout the week. Home health also allows for more one-to-one care with each client. Home health care offers more individualized care throughout the community by visiting clients in their homes and spending time with them.

5. Name one way this clinical site could better serve the community and why?

Home health at IMH could better serve the community by hiring more nurses and aides to be available to a greater number of clients. If they had more staffing, specific clients may be able to receive care instead of being referred elsewhere. Also, it will help with the nurse-client ratio and allow the nurses more time to spend with the clients at their homes.

6. What health risks are experienced by the population served by this clinical site?

Many of the clients served by home health are older adults. Many of the older adults are at risk of cardiovascular diseases like peripheral vascular or arterial disease (ATI Nursing, 2023), which can lead to conditions such as vascular ulcers that need weekly wound care. Older adults are also at risk of diabetes, respiratory, and cognitive issues (ATI Nursing, 2023). Older adults are also at a high risk of developing skin conditions, such as pressure ulcers, due to their mobility issues (ATI Nursing, 2023).

References

ATI Nursing. (2023). *Fundamentals for nursing* (11th ed.). Assessment Technologies Institute, L.L.C.

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**Grading Rubric Self Reflection Clinical Journal Post assignments-
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p>Total Weight- 0.5 points</p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-0 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 1 point</p>
<p>Critique of experience- Evaluation and Rationale for your comments</p> <p>Total Weight- 1.0 points</p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments <p>Weight- 2 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it?</p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in 	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. 	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how

<p>Total Points- 1.0 points</p>	<p>length. -Unspecific as to how this experience will impact your nursing practice or not. Weight- 0.5 point</p>	<p>-Lacks some specifics as to how this experience will impact your nursing practice or not. Weight-1 point</p>	<p>this experience will impact nursing practice or not and why. Weight-2 points</p>
<p>APA Format Correct spelling/Grammar. If references are used, they are in APA Format Total Weight- 1.0 points</p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. Weight- 0 point</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if references used. Weight- 0.5 point</p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used. Weight- 1 point</p>
<p>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>	<p>-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>	<p>-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.</p>	<p>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>

Total Weight- 2.0 points	Weight- 0.5 point	Weight- 1 point	Weight- 2.0 points
Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.	-Paper submitted to Dropbox late.		-Paper submitted to Dropbox on time.
Total Weight- 2 points	Weight- 0 point		Weight- 2 points

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.