

## **Clinical Reflections: Legacy Project – The Dwelling Place**

### 1. How does this project relate to Population/Global Health?

The legacy project relates to Population/global health because, through this project, we volunteer at an agency that helps the community in some way. Many of the agencies help serve individuals who are part of a group of vulnerable populations. By volunteering our time, we can aid these agencies in serving vulnerable communities. This project also brings awareness to the different agencies that are available in the community. By becoming more aware of these agencies and the services they provide, as nurses, we can utilize this knowledge to help clients who would benefit from these services.

### 2. How were you an engaged nursing professional during this project?

Through this project, I had the opportunity to help and interact with individuals experiencing homelessness. I had no prior experience working with this vulnerable population. Interacting with the individuals who came into The Dwelling Place and helping where I was needed helped expand my knowledge and awareness of the experiences these individuals go through.

### 3. How did you contribute to the service of the community with this project?

While volunteering at The Dwelling Place, I helped in different areas. I helped distribute hygiene products, bus passes, clothing, blankets, gloves, hats, and other requested supplies to the individuals. I also helped organize the hygiene pantry and the various snacks. I also sorted through any donated items that they received that day and organized them.

### 4. Name 3 ways this project site impacts community health?

One way The Dwelling Place impacts community health is by providing free lunch to individuals experiencing homelessness in the community. The free lunches, although they are only served once a day, can still help improve the malnutrition that individuals in this vulnerable population are at risk for. Another way The Dwelling Place impacts the community is by providing free hygiene products and a shower and laundry room. Ensuring these individuals have access to products and a place to wash and clean can help prevent many illnesses or disorders to which they are at risk. Lastly, The Dwelling Place impacts the community by serving as a place for these individuals to come and not be afraid of being turned away or judged for their circumstances. It provides a space for socialization with other community members, which can help improve the mental health of these individuals. It also serves as a temporary shelter during the day, especially in the hot and cold months.

### 5. Name 1 way this project site could better serve the community and why?

The Dwelling Place could better serve the community by being open more hours throughout the week. Currently, they are only open on Mondays and Fridays, and only sack lunches are provided on the other days. If the Dwelling Place could gain more volunteers to open

on more days of the week, the homeless population of this community would have access to their aid and meals for the week.

6. What health risks are experienced by the population served by this project site?

There are many health risks that the homeless population can experience. Individuals experiencing homelessness are at risk of having skin conditions and infestations such as lice (ATI Nursing, 2023). They are also at risk of having respiratory disorders, malnutrition, dental caries, and trauma such as fractures or cuts (ATI Nursing, 2023). They are also at risk of developing environmental-related conditions, such as hypothermia, heat stroke, or frostbite (ATI Nursing, 2023). Many of the homeless population are at risk of having substance use disorders and mental health disorders such as depression, bipolar disorder, schizophrenia, and anxiety (ATI Nursing, 2023).

## Reference

ATI Nursing. (2023). *RN community health nursing* (9<sup>th</sup> ed.). Assessment Technologies Institute, L.L.C.

N442

**Grading Rubric Self Reflection Clinical Journal Post assignments- 10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 0.5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-0 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed, but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 1 point</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 1.0 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>-Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>-Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are clear and easy to follow.</li> <li>-Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 2 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice or will it?</b></p> <p><i>Total Points- 1.0 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>-Unspecific as to how this experience will impact your nursing</li> </ul>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>-Lacks some specifics as to how this experience will impact your nursing practice</li> </ul>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length described for the assignment.</li> <li>-States clearly as to how this experience will impact nursing practice or not and why.</li> </ul>

	practice or not. <b>Weight- 0.5 point</b>	or not. <b>Weight-1 point</b>	<b>Weight-2 points</b>
<b>APA Format Correct spelling/Grammar.</b>  <b>If references are used, they are in APA Format</b>  <b>Total Weight- 1.0 points</b>	-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language <b>uses jargon or conversational tone</b> -Lack of APA citation use and Reference page if references used. <b>Weight- 0 point</b>	- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes <b>the use of some jargon or conversational tone</b> . -Inappropriate APA citation use and Reference page if references used. <b>Weight- 0.5 point</b>	-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used <b>Weight- 1 point</b>
<b>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</b>  <b>Total Weight- 2.0 points</b>	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site. <b>Weight- 0.5 point</b>	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough. <b>Weight- 1 point</b>	-Accurate and thorough analysis of how behavioral, environmental and genetic factors impact the population served at this site. <b>Weight- 2.0 points</b>
<b>Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.</b>  <b>Total Weight- 2 points</b>	-Paper submitted to Dropbox late. <b>Weight- 0 point</b>		-Paper submitted to Dropbox on time. <b>Weight- 2 points</b>

**Total Points** \_\_\_\_\_

\*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.