

N431 Adult Health II

Clinical Reflection Form

Name: Isabella Leevey

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Clinical Rotation Site: Critical Care Unit

1. Briefly write about today's experience(s)

This nursing student was in the Critical Care Unit for this rotation. I gave multiple medications including heparin injections, insulin injections, and giving multiple oral medications to 4 different patients. This nursing student performed an EKG on a patient and was able to interpret the reading with the help of the nurse. The student nurse was able to interact with one of the providers with the nurse preceptor to explain medication changes with that client. Overall, the student nurse was able to do a lot of hands-on work at this clinical.

2. What is one thing you learned?

This nursing student helped perform an EKG and the nurse taught the nursing student how to interpret the findings. The nurse preceptor explained to the nursing student how the QT interval is prolonged in this patient because he was in Atrial Fibrillation with RVR. I learned how to communicate with the interprofessional team about patients and medication changes with this patient as well. I enjoyed being able to have this experience because I will use this in my practice as well. I learned how to professionally speak to a provider about concerns and I feel more comfortable talking to providers about advocating for my patients.

3. What is one thing you would do differently?

I would like to be able to practice an EKG due to the student nurse not feeling very comfortable performing one. I was unable to put the stickers on the right way. Instead of putting the stickers on the body facing up, I put them facing down which can cause the readings to be inaccurate. Instead of doing this again, I will make sure to put the stickers on the patient's body facing up. I will go into open lab to practice this skill more in open lab hours.

4. What is your major “take home” from today’s clinical experience(s)?

My major take home from this rotation is that nursing is a collaborative profession. My nurse preceptor and the other nurses on the floor helped each other throughout the shift. They answered call lights and gave medications if the other nurse was busy. This was great to see because it can be very overwhelming to have multiple critical patients and have only one nurse to be able to help. There are some nurses that were on the floor that were not willing to help and it would cause everyone else to fall behind.

5. Is there anything else you would like to mention?

There is not anything else that I would like to mention for this clinical rotation.