

# **Pavilion Reflection**

**1. What was the most challenging interaction or situation you encountered today, and how did you handle it? If faced with a similar situation in the future, what might you do differently?**

- The most challenging situation was problem when the kid told me to “Stop fu\*\*ing talking to him.” I try not to take it personally but it is frustrating when I am trying to help him. I just kind of stood there in shock and then said, “That was extremely rude.” I think I would have handled it the same way. I will, however, watch what I said in regards to triggering him. I think I had said something along the lines of him needing to get back to the group. He may have thought that I was trying to boss him around, when really, it was just the rules.**

**2. How did your communication style affect your interactions with clients today? Were there moments where you could have adjusted your approach to be more effective or therapeutic?**

- I say how I am feeling. Saying, “That was extremely rude” could maybe cause someone else to get angry with that. I think next time I would say, “It appears you are frustrated. However, I do not like to be talked to like that.” This way, I set the boundary and we can move forward.**

**3. What emotions did you experience during your clinical experience, and how did those emotions impact your ability to interact with clients and staff? How can you better manage these emotions in future clinical experiences?**

- I was bored, so that did hinder me from going out and talking as much because even then, their group was boring. I also found the morning half to be hard emotionally because seeing the kids cry and have their meltdowns was sad to me. I really just need to be strong and realize that while their parents may abandon them, that is not what I am doing.**