

HOPE of East Central Illinois: Literature Review

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INTRO GOES HERE

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Counseling interventions for Victims of Intimate Partner Violence: A systematic review

Research has been conducted on counseling interventions for victims of intimate partner violence (IPV) to inform counselors and highlight areas for future research. To figure out the correct type of counseling for these patients, studies take participant demographics, treatment process, interventions and study outcomes, and study limitations (Craven et al., 2023). It shows the need for counselors to select interventions based on the type of IPV. Different events could be situational violence or power and control-related violence (Craven et al., 2023). There are also IPV victims that are associated with mental health issues like PTSD, depression, and anxiety (Craven et al., 2023). These counselors and counselor educators working with IPV victims must take steps to reduce the likelihood of dropout in counseling (Craven et al., 2023). The worry about work and children, hectic lives, fear of the abusers finding out, or the abusers not allowing them to attend sessions are only a few of the many difficulties IPV victims face in the beginning and maintaining treatment (Craven et al., 2023). The goal for these agencies is to figure out the need for correct counseling and support to continue bettering these victims' lives.

Short-Term Outcomes for Users of the National Domestic Violence Hotline and loveisrespect

Domestic violence (DV) hotlines play a crucial role in providing immediate support, resources, and referrals for individuals experiencing intimate partner violence. Having agencies that have a 24/7-hour hotline can show their support in the safety and wellness of their users. Having confidential hotlines is a crucial resource for individuals seeking information about available DV services and are not ready to speak out (McDonnell et al., 2020). This resource has shown findings contributing to the improvement of hotline services and helping guide future violence (McDonnell et al., 2020). In conclusion, domestic violence is a major issue that impacts victims negatively in both direct and indirect ways (McDonnell et al., 2020). These hotlines allow an outlet for these domestic violence victims that are affected. There is hope that the high correlation between experiencing one form of violence and the increased risk for further victimization will lower with access to these hot lines (McDonnell et al., 2020).

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