

Clinical Reflections: #1, #2, #3, #4

See the grading rubric below:

1. How does this clinical site relate to Population/Global Health? In Champaign.

The clinical site is Endocrinology/Rheumatology Clinic in Carle on Curtis Road in Champaign. This nursing student worked in the endocrinology part of the clinic. The endocrinology clinical site serves a large number of patients with thyroid problems like hyper or hypothyroidism. Patients with osteoporosis are getting checked here for bone density and getting medications to keep their bones strong. Also, diabetes patients are checked, and their medication supplies are regularly checked and approved through the pharmacy in this clinic. Patients with other different hormonal problems are served on this site. There are also patients with hypogonadism who need hormones given continuously in order to prevent problems.

2. How were you an engaged nursing professional during this clinical experience?

This nursing student was shadowing an RN BSN nurse who can be found to have very long experience in endocrinology. RNs' job was to answer the questions emailed by the patients daily or help them get their medications if they were out of them. This nurse had scheduled only two injections to administer to two patients. One Injection was testosterone for a patient with hypogonadism. He gets this medication every 12-16 days. The other patient was an older lady who got Prolia to prevent osteoporosis. She was getting this subcutaneous Injection every 6 months. Before every Injection, she is seen by the doctor, who checks her bone density.

3. How did you or could you contribute to the service of the community through this clinical site?

The Carle Endocrinology clinical site functions by rules and protocols. For this nursing student, the only way to contribute to the community's service through this clinical site would be first to get hired to work in this place. The next step would be to learn and follow all rules and protocols adequately.

Besides, this clinical site does many good things, and its way of work does not need to be changed.

4. Name 3 ways this clinical site impacts community health?

This clinical site impacts community health in many ways. One way to help the community is educating patients about Diabetes. There is a DM nurse educator who leads a support group of patients who have this disease. This DM support group meets monthly to discuss their problems, such as diet questions. Second, Carle social workers can help patients to acquire more affordable medications. For example, Humalog insulin can be bought for 15/month at Carle Pharmacy. Also, prescription assistance programs like NOVO-Nordick provide insulin and Ozempic for free to patients who cannot afford them. Carle can also help those with low incomes with financial assistance. The RN mentioned the 340B program that Carle and the Federal government organize to help financially assist low-income people.

5. Name 1 way this clinical site could better serve the community and why?

This clinical site could better serve the community if it had more providers than now. This information was confirmed by RNs who work in this clinical site. They said there are many patients but too few doctors and NPs who specialize in endocrinology. The present providers cannot cover so much work faster. That is the reason the patients wait too long to see a provider. Patients wait for months or longer to get help. Waiting for months is a very long period for diabetic patients to wait because some of their problems have to be addressed sooner. This nursing student thought the company could employ more providers, but there are not enough providers to hire.

6. What health risks are experienced by the population served by this clinical site?

The health risks experienced by the population served at this clinical site are numerous. Diabetes can cause many complications, like heart disease, stroke, and wounds. Wounds can get infected, and sometimes amputation is necessary. Besides that, there are problems with blindness and osteomyelitis. Osteoporosis can lead to broken bones and the inability to walk. Hypothyroidism health risks are slow metabolism, weight gain, loss of

hair, tiredness, dry skin, and loss of concentration. Hyperthyroidism problems are loss of weight, sweating, palpitations, muscle weakness, and tremor. These health risks can be prevented if the diseases are adequately controlled.

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**Grading Rubric Self Reflection Clinical Journal Post assignments-
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p>Total Weight- 0.5 points</p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-0 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 1 point</p>

<p>Critique of experience-Evaluation and Rationale for your comments</p> <p>Total Weight-1.0 points</p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments <p>Weight- 2 points</p>
<p>Thoughtful Reflection-How will this affect your practice or will it?</p> <p>Total Points-1.0 points</p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-2 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>If references are used, they</p>	<ul style="list-style-type: none"> -Lack of APA format. -Paper contains numerous grammatical, punctuation, and 	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity 	<ul style="list-style-type: none"> -Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display

<p>are in APA Format</p> <p>Total Weight- 1.0 points</p>	<p>spelling errors.</p> <p>- Language uses jargon or conversational tone</p> <p>-Lack of APA citation use and Reference page if references used.</p> <p>Weight- 0 point</p>	<p>or includes the use of some jargon or conversational tone.</p> <p>-Inappropriate APA citation use and Reference page if references used.</p> <p>Weight- 0.5 point</p>	<p>consistently strong, varied structure</p> <p>-Correct APA citation and reference page if references used.</p> <p>Weight- 1 point</p>
<p>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p> <p>Total Weight- 2.0 points</p>	<p>-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p> <p>Weight- 0.5 point</p>	<p>-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.</p> <p>Weight- 1 point</p>	<p>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p> <p>Weight- 2.0 points</p>
<p>Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.</p> <p>Total Weight- 2 points</p>	<p>-Paper submitted to Dropbox late.</p> <p>Weight- 0 point</p>		<p>-Paper submitted to Dropbox on time.</p> <p>Weight- 2 points</p>

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.