

N321 Adult Health I

Clinical Reflection Form

Name: Benjamin Ruettiger

Date: 02/28/2025

Mid Term Journal

1. Discuss how you are feeling so far in clinical?

So far, I am comfortable with what this semester requires for clinical. I really enjoy our clinical instructor, and I genuinely believe I am getting a great introduction to the professional nurse role.

2. What have been good experiences?

I thoroughly enjoyed my experiences in the PACU, ER, and the DEU floor. I was lucky enough to witness and assist in the OR, which was an excellent experience. Although the DEU days require a care plan, I am learning a great deal of information from doing them and discussing care with my clinical instructor.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

I personally have not had any bad experiences thus far. I am not nervous to perform or practice any particular skill. My past work experience has given me the comfort of communicating with nurses and other healthcare staff, so I do not have any problems there.

4. Do you need to talk with anyone in private to discuss clinical?

No.

5. Is there anything else you would like to mention?

I would like to mention that it is very difficult to complete a care plan in a week where we have three exams and two clinical days. I understand that there are deadlines for assignments, but on weeks when there is not much time to study and complete an entire care plan, I think some grace should be given.