

N321 Adult Health I

Clinical Reflection Form

Name: Tayelor Lowe

Date: 2/24/25

Mid Term Journal

1. Discuss how you are feeling so far in clinical?

- I feel okay. I can now officially say I am over care plans. I used to like them in the beginning because I felt I learned. Instead, I feel that I focus so much on the tiny details and making sure I get everything correct based on the rubric that I no longer enjoy them. This semester has also shown me that I am very book smart and can do the coursework well. However, I feel so helpless when it comes to clinicals. I feel so lost and confused all the time. I do not know how to describe it.

2. What have been good experiences?

- I have been able to give medications, take out IV's, learned to someone function in high staked manners. I do feel somewhat like a nurse:)

3. Have there been any bad experiences? Could be you arrvous about a skill or communication?

- The first week of clinicals was rough because while my preceptor was nice, she liked to cut corners which made me uncomfortable and anxious. I am nervous to insert IV's.

4. Do you need to talk with anyone in private to discuss clinical?

- I don't think so.

5. Is there anything else you would like to mention?