

Module Report

Simulation: HealthAssess 3.0

Module: Cardiovascular



Individual Name: **Samantha Garcia**

Institution: **Lakeview CON**

Program Type: **BSN**

Overview Of Most Recent Use

| | Date | Time Use | Score |
|--------|-----------|---------------|-------|
| Lesson | 2/24/2025 | 21 min 13 sec | N/A |

Lesson Information:

Lesson - History:

| | Date/Time (ET) | Time Use | Total Time Use: 21 min |
|--------|----------------------|---------------|------------------------|
| Lesson | 2/24/2025 8:37:14 PM | 21 min 13 sec | |

This expert chart is intended to assist in evaluating student performance in documentation for this activity. Only the tabs and tables of the chart that warrant entries are included, and the expert responses for comparing against student responses are indicated with bold text.

Doris Anderson
MRN: 3126132
Allergies: none

DOB: 54 years old
Height: 62 in
Weight: 160 lb

Attending: Marisol Menendez MD
Code Status: Full Code
Comments: none

Notes

| Note Time | Note Type | Professional Role |
|-------------------------|------------------------|-------------------|
| 5.0 minutes after start | Nursing/Clinician Note | Nurse |

Client reports eating oatmeal for breakfast; chicken, broccoli, and brown rice for lunch; a handful of nuts for a snack; salad and grilled fish for dinner. Drinks 8 glasses of water a day. Participated in cardiac rehab for 3 months; continues to exercise 30 minutes a day, 3 days a week, and walks outside the other days. Reports stamina has improved.

Flowsheet

Admission

HH 5.0 minutes after start

Informant(s)

Informant if not patient
 (Name and relationship)

Admission Problems

Chief Complaint

Principal Problem -
 Admission Diagnosis

Other Problems/Diagnosis

| History of Present Illness/Injury | |
|---|--|
| Location (Where are the Symptoms located? Are they local or do they radiate?) | |
| Duration (When did it start? How long has this problem existed? Is it getting worse? Changing?) | Heart attack 6 months ago. Had manifestations for 3 hr before going to the hospital. |
| Timing- (When does it occur? Night or day? At work? etc.) | |
| Quality- (Characteristics such as constant, sharp, dull, sore) | |
| Severity- (How bothersome is the problem? Can you sleep, work, etc?) | |
| Describe this illness/injury related to how and where this problem began. | |
| What makes this problem worse or better? | |
| Signs and Symptoms | Tightness in the center of her chest and jaw, and shortness of breath. |
| Comments | Has been following a low sodium, low sugar diet since heart attack and reports losing 15 pounds. Reports elevated cholesterol in the past. |

| Additional Demographic Info | |
|-----------------------------------|--|
| Marital Status | |
| Is English the Primary Language? | |
| Preferred Language if Not English | |
| Education Level | |
| Religion/Spirituality | |
| Occupation | High school history teacher |
| Race/Ethnicity | |
| Comments | Returned to work 2 weeks after the heart attack. |

Home Medication List

Multivitamin

Ordered by:
Reason:
Start Date:
End Date:

Aspirin
81 mg daily, Oral

Ordered by:
Reason:
Start Date:
End Date:

Vitamin D

Ordered by:
Reason:
Start Date:
End Date:

Substance(s) used

Alcohol

Drinks a shot of scotch on the rocks every Friday.

Would like to quit?:

Cessation program offered?:

Last glass 2 days ago

Flowsheet

Vital Signs

HH 10.0 minutes after start

Vital Signs

Temperature

Temperature Source

Pulse **92 bpm**

Pulse Source **Apical**

Blood Pressure

Position

Flowsheet

Assessment

HH 10.0 minutes after start

Cardiac

Cardiac Rhythm/Sounds Regular rhythm, 51 and 52 present

Cardiac Symptoms

Monitors/Telemetry?

Cardiac Comments

Peripheral Vascular

RUE Capillary refill less than 3 seconds, +2 moderate pulse

LUE Capillary refill less than 3 seconds, +2 moderate pulse

RLE Capillary refill less than 3 seconds, No edema or pain, +2 moderate pulse

LLE Capillary refill less than 3 seconds, No edema or pain, +2 moderate pulse

Periph. Vasc. Comments

Integumentary

Skin Color Appropriate for ethnicity

Skin Temperature/Condition Intact, Warm

Skin Turgor

Skin Comments Upper and lower extremities warm to touch.