

## **Clinical Reflections: #1, #2, #3, #4**

See the grading rubric below:

1. How does this clinical site relate to Population/Global Health?

This clinical site is Carle Ambulatory Wound Care in Urbana. This clinical site deals with patients who have chronic wounds. Those wounds must be checked on time, usually once a week. Taking care of chronic wounds and controlling their status is crucial to keeping patients healthy and functional and prolonging their lives. Patients seen at this clinical site are from different layers of society and of different ages. Also, the most common wounds seen in this clinical site are diabetic foot ulcers, lower leg ulcers caused by vascular problems, and pressure ulcers due to immobility. The most important things this site does for the community are to prevent infections, decrease discomfort and pain caused by wounds, and return patients to their lives and work.

2. How were you an engaged nursing professional during this clinical experience?

This nursing student was engaged with nursing professionals in different ways. First, ask questions and get informed about the work going on on this site. Further, the nursing student checked the vitals of each patient. Also, this nursing student assisted nurses in their work by preparing the wounds for debridement. Wounds had to be cleaned of dead/necrotic tissue and measured. Measurement includes the length, width, and depth of a wound. More measurements/assessments are needed, but the doctor does that. After that, the wound is covered with lidocaine gelatin to prevent pain during intervention done by the doctor. After the procedure, this nursing student assisted the nurse in administering proscribed medications, packing the wound, and wrapping it with gauze. Also, some wounds were swabbed for culture to check for infection.

3. How did you or could you contribute to the service of the community through this clinical site?

A nursing student can contribute to the service of the community by learning the basic procedure of wound treatment and helping wound specialist nurses

to do their jobs faster. Nurses usually need more than one pair of hands during this work for simultaneous actions. The help can be handing soap to wash the wound, administering different creams on the skin around the wound, or handing out gauze. All of this is very helpful and appreciated by the nurses while busy.

4. Name 3 ways this clinical site impacts community health?

The most important way this clinical site impacts community health is by preventing infection of the wounds. Preventing infection of the wounds is accomplished by cleaning the wounds and redressing them on time, usually once a week. Second, this type of wound care speeds up healing and increases quality of life. Discomfort and pain are diminished. Third, this way of wound care helps people recuperate and return to work and their usual way of life, which is good for the community.

5. Name 1 way this clinical site could better serve the community and why?

This clinical site excellently serves the community. This nursing student does not know how else this clinical site could better serve the community. Maybe it could get involved in some community-based programs and help less fortunate populations like low-income people w/o insurance or even people experiencing homelessness. This is an idea because there are probably many more people with wound problems who cannot afford or reach clinics like this one. Unfortunately, all actions of this kind depend on affordability and funding.

6. What health risks are experienced by the population served by this clinical site?

Many health risks are experienced by the population served by this clinical site. Those are diabetes with diabetic foot ulcers. Also, there are vascular problems like venous stasis ulcers or arterial ulcers. Old age, decreased mobility, and malnourishment are also risk factors for wound occurrence, such as pressure ulcers. The most common complication of all these wounds is infection. Infections not only prolong a wound's healing but also threaten the general health and survival of the patient.

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**Grading Rubric Self Reflection Clinical Journal Post assignments-  
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><b>Total Weight- 0.5 points</b></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-0 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed, but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 1 point</b></p>
<p><b>Critique of experience- Evaluation and Rationale for your comments</b></p> <p><b>Total Weight- 1.0 points</b></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>-Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>-Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are clear and easy to follow.</li> <li>-Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 2 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice or will it?</b></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in</li> </ul>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> </ul>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>-States clearly as to how</li> </ul>

<p><b>Total Points- 1.0 points</b></p>	<p>length. -Unspecific as to how this experience will impact your nursing practice or not. <b>Weight- 0.5 point</b></p>	<p>-Lacks some specifics as to how this experience will impact your nursing practice or not. <b>Weight-1 point</b></p>	<p>this experience will impact nursing practice or not and why. <b>Weight-2 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b>  <b>If references are used, they are in APA Format</b>  <b>Total Weight- 1.0 points</b></p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language <b>uses jargon or conversational tone</b> -Lack of APA citation use and Reference page if references used. <b>Weight- 0 point</b></p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes <b>the use of some jargon or conversational tone.</b> -Inappropriate APA citation use and Reference page if references used. <b>Weight- 0.5 point</b></p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used. <b>Weight- 1 point</b></p>
<p><b>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</b></p>	<p>-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>	<p>-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.</p>	<p>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>

<b>Total Weight- 2.0 points</b>	<b>Weight- 0.5 point</b>	<b>Weight- 1 point</b>	<b>Weight- 2.0 points</b>
<b>Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.</b>	-Paper submitted to Dropbox late.		-Paper submitted to Dropbox on time.
<b>Total Weight- 2 points</b>	<b>Weight- 0 point</b>		<b>Weight- 2 points</b>

**Total Points \_\_\_\_\_**

\*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.