

Clinical Experience Summary- Labor/Delivery

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)

Anxiety related to her mental status as evidenced by the patient shaking, crying, and expressing that she has a history of high anxiety (Phelps, 2023, p. 25).

- I chose this diagnosis, because anxiety is a common feeling that most mothers go through. Even if the mother has multiple children, I feel like they still go through a level of anxiety, because you never know if/when something will go wrong. As the nurse, you do not know the mother's full history, or if she had complications in a prior pregnancy. Having some kind of anxiety is normal, but the level that my patient was experiencing was a lot.

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)

- a. Supporting the patient in any way that they need (Phelps, 2023, p. 28).
 - i. Regarding my patient, she wanted hugs, her hands held, and reassurance that the procedure was going well. I was also telling her how great she was doing because it was not planned to happen that day, and that did lead to her having more anxiety, because she was not fully prepared/ready for the express.
- b. After her delivery, the nurse could teach her some relaxation techniques to do when she feels overwhelmed and anxious. She stated a couple of times that she was very nervous about being a mother.
 - i. The nurse who cared for her the whole time gave her ideas that helped her relax when times were rough. Tips and tricks help a new mother, from to the baby crying, to all the emotions that she would be experiencing, especially in recovery when all the hormones are going crazy.
- c. Give the patient a clear and concise explanation of what is going on.
 - i. During the c-section, the CNPR helped her throughout the whole process by explaining what step they were at, or letting her know what was going to happen next. For example, when the surgeons were going to pull apart the layers, he warned her that she might feel some tugging.

3. What was the evaluation of each of the previously identified nursing interventions? (10 points)

I feel like all the interventions were successful. When I was supporting her, she thanked me so many times, even when she didn't have to. When I was leaving for the day, I went to her and thanked her for letting me experience this moment with you, and she said, "Thank you for being there for me; I do not think I would have gotten through this without the support" and that made me feel happy and special. For the relaxing techniques, I felt like she was listening and taking notes of what the nurse was telling her. She would ask questions when she was not sure if she understood the techniques or when breastfeeding, she remembered that she would need to start on the opposite side at each feeding. One the same since, when explaining the procedure to her, she was more relaxed and focused on her baby. She was asking questions, especially when she was not feeling dizzy or nausea.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. (10 points)

The patient's culture wanted to have a c-section because other cultures might not believe in this way to give birth. Not all cultures understand that there are times when a c-section is medically necessary for the baby or mother's life. My patient preferred to have the c-section, because it was medically necessary due to the umbilical cord not growing in the proper place, called a marginal cord insertion. Another preference was after the procedure was completed; she did not want to take any opioids to help with her pain. She did not believe in narcotics.

5. Reflection of clinical experience. (5 points)

- a. What was one thing that put you outside your comfort zone?
 - i. What put me out of my comfort zone was doing the c-section, however, it was so net and cool to watch. It was a great experience and the nurse I was with was so nice and didn't mind me asking all my questions. When the procedure was going on, I was with the patient's head because she had bad anxiety. The whole time, I was with her, holding her hand, and coaching her through it. She did amazing. While I was supporting the patient, the CNPR person was so nice and talked me through the whole procedure and told me what was going on. When they were closing the patient, the CNPR was like "that big organ/ball shape like was her uterus that they are sewing up" and I thought it was so cool. And he explained how they sew up layer by layer. It was a great first experience and now I'm addicted.
- b. In what way did you see coordination between the health care team to provide appropriate care to the patient?
 - i. Having coordination with the whole health care team is very important, because if the patient has a c-section and something goes wrong, everyone will know what to do to help the patient. After they started the catheter and cleaned the whole area, it took about a minute, and the nurse gave a quick SBAR/history of the patient. Knowing that information is key when someone codes or complications happen, the team could better help the patient.

Reference

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer

N432 Clinical Experience Summary Rubric

Name: Kaylee Andersen

Date: 02/21/2025

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments

<ul style="list-style-type: none"> Identify 3 nursing interventions that were completed during clinical. Describe each intervention. Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Identify 3 nursing interventions that were seen or done during clinical. Describe each intervention. Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Identify 3 nursing interventions that were seen or done during clinical. Describe each intervention. Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Identify 3 nursing interventions that were seen or done during clinical. Describe each intervention. Explain why each intervention was completed. 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments

<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	
Criteria	5 points	2.5 points	0 points	
APA Format	Includes complete and	Missing 1 or inaccurate	Missing 2 or more or	

<ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	<p>accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	
<p>Instructor Comments:</p>				
				<p>/50=</p>