

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: Emergency Department

1. Briefly write about today's experience(s)

I was in the Emergency Department for this clinical rotation. I pushed a few medications, Toradol, Zofran, and Reglan. I hung 0.9% saline by gravity for a few patients. I inserted three IV's, and I was successful for each IV stick besides one because the vein blew. One prominent patient that I had was an elderly man who lives at home by himself. He reported that he fell outside of his home on Sunday morning to go to church with his family but after he fell, he went to bed and had not gotten up out of the bed until his children came and checked on him where they found him saturated in urine. The patient was an unreliable historian due to the patient having dementia. The patient was taken down to CT and X-ray to make sure that the patient did not have any trauma to the bones or muscles. This patient was ordered a CK lab result which is creatine kinase. This lab was taken due to the patient having some musculoskeletal trauma and this lab value will be elevated if there was trauma from this fall.

2. What is one thing you learned?

I learned how to "burp" a bag to hang. This means turning the bag of saline upside down and squeezing all the air out of the bag so you will have no air bubbles when priming the line. My preceptor told me that this is an easy method to do to make sure that all the air is out of the bag. I tried this method, and I was successful, but I personally prefer to prime the tubing like how we have demonstrated in lab. Priming the bag the "normal" way made me feel more comfortable.

3. What is one thing you would do differently?

I would have tried to have done better on my IV placements. I was nervous since I had not done many IVs on real people and, I have not done IVs since last semester, so I was sort of "rusty". I want to get more practice on real people instead of the mannequins so I can truly place an IV

well and feel confident. The ER is a good place to get a lot of practice on IV's. I would like to practice more on how to place EKG stickers just because I have not done this in a while.

4. What is your major "take home" from today's clinical experience(s)?

My major take home experience for this clinical rotation is that the emergency department is very fast paced, and there is a variety of different patients that come to the hospital. I learned a lot from this rotation, and I am looking forward to continuing using these skills in practice. The emergency department is not my favorite rotation, but I see the benefits of being floated there as well. This rotation allows us to use critical thinking skills on the spot.

5. Is there anything else you would like to mention?

N/A