

Ambulatory Clinical Journal

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N433: Pediatrics

Professor Wakefield

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N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the course because it gave me the opportunity to see how the clinic is ran. This is much different than the hospital and is much slower. These patients come in, get checked out, and then leave after all of their care is done. This clinical site showed me how involved the CMAs are in the clinic and how they do the primary skills for the patients. This relates to the class because it shows that we need help and should work together as a team to care for out patients. Without our CNAs/CMAs it would be much harder for the nurse to get all of the proper care done efficiently and in a timely manner.

2. How were you an engaged nursing professional today?

At this clinical rotation, I was an engaged nursing professional by shadowing their nurse and learning how the clinic runs throughout the day. I made sure to ask the nurse questions and stayed engaged while I was following this nurse. She was very helpful by explaining things to me and answering all of the questions I had about the clinic. I also was engaged by asking the nurse and CMAs if they needed any help and if there was anything I could do for them. I made sure to give care and provide and help if needed, that I could.

3. How did you contribute to the service provided by the clinic nurse today?

The nurse did not provide much care hands on with the patients but she did make sure everything was planned out confirmed appointments. I assisted the nurse by making learning how to make sure patients have their prescriptions, listened to discussion with parents on the plans of care for their child, and showing me charts to see how she goes through them. I assisted the CMAs by helping with vital signs and making sure that the rooms were clear and clean for patients to go into. The nurse asked me my opinions and thoughts on how to plan patients care. She also taught me how to have discussions with the physician when planning child care.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health by detecting any health issues early using screenings, developmental evaluations, and growth pattern monitoring during routine well-child exams. Essential vaccinations are given in pediatric clinics to shield kids from infectious diseases that can be avoided. For the early identification of possible

health issues, routine pediatric checkups are crucial. Early detection may avoid more serious problems later on and greatly improve treatment results. They can also educate parents and patients on nutrition, safety, sleep habits, and prevention. The final way they can make an impact is by advocating for these children to benefit their care, as well as making sure they are being properly cared for at home.

5. What are the health risks of the population served during today's clinical based on your observations today?

The health risks that were the most prevalent in the clinic today was flu and strep symptoms. There are many people and children that are having the flu recently. These patient's/parents should be educated on getting the flu vaccine, because there have been some that don't think it is a big deal to get it. We need to tell them that this vaccine is going to help the prevention of the flu. Another thing that a patient came in with was unable to urinate, they ended up being sent to the ER for these symptoms because they drank lots of water and still could not urinate. This patient was at risk for infection and kidney issues.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The nursing diagnosis I chose is Impaired Urinary Elimination related to urinary retention as evidenced by inability to urinate (Phelps., 2023). The goal for this patient is that they will urinate at least 200mL of urine within 2 hours. The first intervention for this patient is providing them with routine voiding measures such as including privacy, voiding positions, and sound of running water. The next intervention is performing assessments such as abdominal and urine. The final intervention would be monitoring I&O's and need to urinate. This patient needed more care than the clinic could provide, so that was why they decided it was best to send them to the emergency room.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This experience will impact my nursing practice by understanding what happens in the clinic setting. It helped me see how the nurses are patient advocates and communicate with the children's parents. This clinical rotation helped me realize that charting and communication is very important. This is because the nurse had to talk with parents and doctors to confirm information. In my personal experience I think that this clinical made me realize that I am more of a hands-on and fast paced person. I did not enjoy the slow pace of the clinic. I also think that it made me realize that sometimes the nurses should help their CMAs and offer assistance, if the nurse is not busy.

References

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____