

Maggie Casey
2/12/2024

Clinical Reflection: #2

See the grading rubric below:

1. How does this clinical site relate to Population/Global Health?

This clinical site relates to population and global health in several ways. The site welcomes anyone who would like to come into their facility. This site aims to alleviate financial burdens members of their community face as well as combats isolation, memory loss, sedentary behavior, and transportation barriers. All of these topics are issues repeatedly seen in the population of older adults. This clinical site's primary served populations are senior citizens and disabled people. This site also aids their community by providing free tax return services which aids several populations. It serves disabled individuals who are not able to do their own taxes as well as impoverished population who cannot afford for this task be done were it not for this service. This site also provides daily breakfast which combats hunger and isolation. In addition, there were several nurses on staff when we attended. These nurses conduct home calls to investigate abuse and neglect reports. This is important because it aims to reduce the members of their community being abused and neglected, even if it is self-neglect by providing support and having someone show up who cares for their well-being.

2. How were you an engaged nursing professional during this clinical experience?

I was an engaged health professional during this clinical experience by conducting myself in professional, participative, respectful manner. I was engaging with several employees at this site during my morning spent there. We had the opportunity to tour the facility and learn about the different services CRIS offers. I unfortunately did not get an opportunity to engage much with the community members visiting this facility. However, I did get to engage with some of the populations this facility serves on the phone. During this clinical, I spoke with many recipients of discounted license plate sticker updates and free bus passes. These populations are disabled and older adults who receive less than a specific monthly/annual pay. It felt good to be of use to this community and its members we helped. This is a good clinical experience because it shows a side of nursing we would otherwise be unaware of and I can bring this experience into my future career by being more equipped to recognize what services may be offered in a community when I encounter patients in need.

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3. How did you or could you contribute to the service of the community through this clinical site?

To contribute to the facility's goals, I was able to speak with about forty Danville and Westville community members who are either disabled or over the age of sixty-five and earn below about \$33,000 and determine if they qualified for financial and transportation assistance. I was able to complete my assigned list of people to contact and get their information to this programs' manager. This served the community because many people would not know they were eligible for this discount or know how to claim this. The service I preformed helped many people in the community save money which they need for basic necessities.

4. Name 3 ways this clinical site impacts community health?

Firstly, this clinical site provides their community access to a warming/cooling location. This site is a designated warming/cooling facility which provides people of the community facing housing instability with a place to go which is especially helpful when the weather is too cold or too hot. This relates to population health by decreasing cases of heat stroke and hypothermia as well as other exposure induced illnesses. Secondly, this clinical site has determined they have a growing population of grandparents raising grandchildren and therefore has decided to expand their services to this group. They contribute by hosting toys for tots, Christmas toy drives, clothing, and supply school supplies for these families. This allows financial and social relief to the estimated fifty families which consist of grandparents raising grandchildren. Another way this facility impacts community health is by combating isolation, particularly in older adults, by providing free alexas and education on how to work an alexa. Older adults are at risk for isolation and memory loss due to lack of stimulation, social networks, family, friends, or even inability to go into society/community spaces on their own.

4. Name 1 way this clinical site could better serve the community and why?

This facility could improve by obtaining more grants which would support more activities for their community to come to. This would be beneficial because most of CRIS's funding comes from grants. An employee mentioned that they have regulars who visit the site every day and they also have community members who often come for the activities the facility hosts such as bingo and older adult exercise classes. As an improvement to their strategy to serve their community, they can expand the activities offered

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such as including a movie night. This would likely peak interest of community members in need of somewhere to go but who may not attend currently due to being uninterested in repeatedly offered activities such as bingo.

5. What health risks are experienced by the population served by this clinical site?

There are several health conditions this population is at risk for. Some of the people served at CRIS are face homelessness. This leaves them at higher risk for contracting disease due to exposure and lack of proper hygiene due to lack of access to products and private showers. Also, some of the people served are facing food insecurity which leads to poor nutrition. This can cause their overall health to decline. Another risk this population faces is isolation. Isolation is seen in mostly older aged adults due to their social circle decreasing. Isolation can lead to depression and memory decline.

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**Grading Rubric Self Reflection Clinical Journal Post assignments-
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p>Total Weight- 0.5 points</p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-0 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 1 point</p>
<p>Critique of experience- Evaluation and Rationale for your comments</p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of 	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale 	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments

<p>Total Weight- 1.0 points</p>	<p>thoughts. -Lack of evaluation and rationale for comments Weight- 0.5 point</p>	<p>for comments Weight- 1 point</p>	<p>Weight- 2 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it? Total Points- 1.0 points</p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. Weight- 0.5 point</p>	<p>- Paper follows most guidelines. - Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. Weight-1 point</p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. Weight-2 points</p>
<p>APA Format Correct spelling/Grammar. If references are used, they are in APA Format Total Weight- 1.0 points</p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if</p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used.</p>

	references used. Weight- 0 point	references used. Weight- 0.5 point	Weight- 1 point
Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.	-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.	-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.	-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this site.
Total Weight- 2.0 points	Weight- 0.5 point	Weight- 1 point	Weight- 2.0 points
Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.	-Paper submitted to Dropbox late.		-Paper submitted to Dropbox on time.
Total Weight- 2 points	Weight- 0 point		Weight- 2 points

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.