

Pavilion Reflection

1. What was the most challenging interaction or situation you encountered today, and how did you handle it? If faced with a similar situation in the future, what might you do differently?

The most challenging aspect of my time at the Pavilion was listening and observing the interactions between boys on the pediatric unit. I feel that as a student I handled them well by removing myself or not paying attention to the adverse interactions that took place. However, in the future I would like to socialize more with the patients and foster a less uncomfortable environment for them. I feel that some of the violent speech and behavior may have been due to our presence as observers.

2. How did your communication style affect your interactions with clients today? Were there moments where you could have adjusted your approach to be more effective or therapeutic?

My communication style affected my interactions positively. I was able to connect with a few of the patients through our shared love of artwork and I remained very open and interested in anything they felt they wanted to share. Once again, I feel that on the boy's unit I could have been more open to having conversations. I feel that before returning I should practice how to respond to statements that may make me uncomfortable.

3. What emotions did you experience during your clinical experience, and how did those emotions impact your ability to interact with clients and staff? How can you

better manage these emotions in future clinical experiences?

I experienced many emotions during my time at the Pavilion. I experienced anxiety, excitement, sadness, amusement, and many others. The emotions allowed me to empathize and connect with the patients on the floor. However, I feel that there is a fine line with emotional responsiveness. I must not use any communication, verbal or nonverbal, that indicates I feel sorry or pity the patient I am speaking to.