

Maggie Casey

Clinical Reflections: #1, #2, #3, #4

See the grading rubric below:

1. How does this clinical site relate to Population/Global Health?

In wound care, many of these patients had wounds resulting from diabetes. This factors into population health because apart of this type of healthcare includes noting percentages of the populations who have diabetes to review the effect on the healthcare system in that area. For example, this clinical site would be instrumental in reporting an accurate quantity of the population who seek care for wound care as a result of diabetes. The clinical site is also important for preventing infection in the community by treating and cleaning wounds which would otherwise become infected. Infection can spread throughout a community and hinder the community's ability to thrive.

2. How were you an engaged nursing professional during this clinical experience?

I was an engaged nursing professional by being actively engaged in the discussions about patient treatments and asking thoughtful questions about their care at the appropriate times. I presented myself in a professional manner to the staff and clients and maintained a non-judgmental approach to patient's questions.

I was an engaged nursing professional during this clinical experience by conversing with several clients and recognizing the emotional impact their wounds have on them. From recognizing multiple patients who were all impacted emotionally by their physical wounds, I was able to develop therapeutic communication to allow these patients a safe, non-judgmental space to speak about their experience. Many people of this population felt insecure about the smell and sight of their wounds. Another way I worked well as an engaged nursing professional during my wound care experience was working in tandem with a nurse to care for patients. In this unit,

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there were three nurses, two doctors, one health care technician, and me working to care for the patients. We made an efficient and effective team and I quickly picked up on what needs to be completed by the nurses before the provider sees the patients. I feel that I contributed to the productivity of the unit and saw to the physical and emotional needs of the patients.

3. How did you or could you contribute to the service of the community through this clinical site?

I completed many tasks such as taking vital signs, measuring the wounds, cleaning the wounds, providing lidocaine, and removing casts for patients. I contributed to the service of this community by caring for its inhabitants and therefore preventing infection to the individual as well as the general population. If infection occurs, there is a possible domino effect that may be seen which can be quite harmful to the community's overall health and economy. I also provided education to diabetic patients with wounds which will hopefully prevent possible future hospital visits if the education is followed.

4. Name 3 ways this clinical site impacts community health?

This impacts community health by preventing infections in patients and therefore preventing infection to the community as well. The wound care site prevents infection by cleaning the wounds, educating the patients, and tracking the progression of the wound. This impacts the community by lowering the amount emergency room visits and hospital admits, which saves money, lowers nurse to patient ratio, and prevents possible infection spread to the community. The wound clinic prevents permanent disability. This helps community health because a rise in disabled individuals in need of help in the community places added stress to community centers and medical centers to aid the disabled individuals. If these individuals could not receive care for their wounds, the wound would progress. The wound care clinic prevents disability by treating wounds which would otherwise progress to amputations. The third way the wound care clinic

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helps the community is by supporting the workforce. The workforce is supported by this site because the sooner clients are treated, the sooner they can return to their jobs and the fewer days off and less potentially paid disability they will require. By treating and healing these patient's wounds, the clients are able to contribute to the workforce within the community.

4. Name 1 way this clinical site could better serve the community and why?

This clinical site could better serve the community by seeing more patients. The nurses at this clinical site mentioned there is a waitlist to be seen at this site. A patient expressed that he had waited months to be seen as it was his first appointment that day. Therefore, there are people in the community who have wounds in need of treatment and have to wait for that treatment which increases the risk of infection and progression of the wounds. If the clinical site could expand to hire more nurses and providers and hold more beds, this community would be better served.

5. What health risks are experienced by the population served by this clinical site?

Health risks experienced by the population served at this clinical site include risk of infection such as MRSA or sepsis. These infections are serious and can occur due to the vulnerable position a patient is in due to their wounds. MRSA can occur by infection of the wound and with improper hygiene and treatment can develop further to sepsis, especially in diabetic and patients with history of peripheral artery disease, which many wound patients have. Diabetic patients are at an increased risk of infection due to a weakened immune system. Peripheral artery disease inhibits the wounds from getting adequate blood flow which is required for healing. These patients are also at risk for permanent damage of mobility and autonomy by risk of amputation. If not properly treated, wounds can progress to infection and amputation to prevent further health

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issues. Diabetic neuropathy is an example of how wounds may progress to this level because the patient has experienced loss of sensation therefore may not properly tend to the wounds.

N442

**Grading Rubric Self Reflection Clinical Journal Post assignments-
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p>Total Weight- 0.5 points</p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-0 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 1 point</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p>Total Weight- 1.0 points</p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments <p>Weight- 0.5 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments <p>Weight- 2 points</p>
<p>Thoughtful Reflection-How will this affect your practice or will it?</p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in 	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. 	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. -States clearly as to how

<p>Total Points- 1.0 points</p>	<p>length. -Unspecific as to how this experience will impact your nursing practice or not. Weight- 0.5 point</p>	<p>-Lacks some specifics as to how this experience will impact your nursing practice or not. Weight-1 point</p>	<p>this experience will impact nursing practice or not and why. Weight-2 points</p>
<p>APA Format Correct spelling/Grammar. If references are used, they are in APA Format Total Weight- 1.0 points</p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. Weight- 0 point</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if references used. Weight- 0.5 point</p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used. Weight- 1 point</p>
<p>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>	<p>-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>	<p>-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.</p>	<p>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>

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Total Weight- 2.0 points	Weight- 0.5 point	Weight- 1 point	Weight- 2.0 points
Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience. Total Weight- 2 points	-Paper submitted to Dropbox late. Weight- 0 point		-Paper submitted to Dropbox on time. Weight- 2 points

Total Points _____

*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.