

SMART Goals

N311

SMART Goal #1- I will spend one hour everyday reviewing my notes and creating practice questions for my first test on Monday February third.

SMART Goal #2- I will practice my lab skills at home on my family members every week until the end of the semester.

N312

SMART Goal #1- I will review my class PowerPoints to prepare for class on the Tuesday before class on Wednesday until the end of semester.

SMART Goal #2- I will practice Health Assessments at clinical every Thursday and spend an extra five minutes talking to my Pt. and gathering social economics every week till the end of the semester.

N313

SMART Goal #1- I will spend an extra hour each week researching how certain diseases cause physical and functional changes to the body, until the end of the semester.

SMART Goal #2- I will research the signs and symptoms of diseases for one hours each week, until the end of the semester.

N314

SMART Goal #1- I will spend 2 hours each week reviewing my notes from class and to focus on the area that I do not understand a study that in depth to provide better understand every week until the end of the semester.

SMART Goal #2- I will review my PowerPoints for class for one hour every Monday before class on Tuesday every week until the end of the semester.