

Tinlee Shepherd

Question and Question Number: <ul style="list-style-type: none"> List the question you asked below 	Student communication: <ul style="list-style-type: none"> List 1 verbal communication skill used List 1 non-verbal communication skill used. 	Interviewee communication: <ul style="list-style-type: none"> List 1 verbal communication skill the patient used List 1 non-verbal communication skill the interviewee used 	Student thoughts & feelings related to the communication <ul style="list-style-type: none"> Describe 1 thought or feeling related to the communication
1 What area did you grow up in?	<ul style="list-style-type: none"> Spoke loud and clear over resident's oxygen. Nodding head to indicate listening. 	<ul style="list-style-type: none"> Responded with short, concise answers. Avoided eye contact, resident was looking at phone. 	<ul style="list-style-type: none"> I felt as if the resident was disinterested with this question. He stayed on his phone and didn't show interest in elaborating on his answer.
2 What was your first job?	<ul style="list-style-type: none"> Used a more excited tone to try and get the resident to engage with the conversation. Leaned forward to try to engage with the resident. 	<ul style="list-style-type: none"> Spoke quietly with short answers. Smiled when the question was asked. 	<ul style="list-style-type: none"> I began to think that he was gaining more interest in the conversation. He was still using relatively short answers but began to elaborate on the question and smile as he was talking.
3 Other than your brother, do you have any other	<ul style="list-style-type: none"> Maintained an interested tone. Smiled while 	<ul style="list-style-type: none"> Began to speak louder when answering the 	<ul style="list-style-type: none"> The resident really lit up when talking about his twin brother. I decided to ask more questions related to his brother to keep him

family?	listening to answers.	<ul style="list-style-type: none"> question. Started looking for and showing pictures of his siblings, wife, and daughters. 	interested and possibly elicit storytelling.
4 What was it like growing up as a twin?	<ul style="list-style-type: none"> Laughed when he told stories. Stood up to look at the pictures he had to show interest. 	<ul style="list-style-type: none"> Spoke loudly and with a happier tone. Smiled when the question was asked. 	<ul style="list-style-type: none"> During this question he began talking about his childhood with his brother and his experience in the army. He really enjoyed talking about his time in the service and described it as the best time of his life. I felt that this question was the highlight of the interview and made him enjoy speaking to me.
5 What advice would you give to younger generations?	<ul style="list-style-type: none"> Maintained an interested tone. Maintained eye contact. 	<ul style="list-style-type: none"> Spoke loudly and clearly. Maintained eye contact. 	<ul style="list-style-type: none"> During this question, the resident elaborated on his battle with prostate cancer, and I felt that he was very happy to answer the questions.

1. What are the major take-home lessons after interviewing an older adult?

I feel the major take-home lessons from my interview are that communication is essential to human connection and that sharing life experiences creates an opportunity for rapport.

2. How can a nurse adapt their practice to be more responsive to the unique needs of an older adult client?

I believe a nurse can utilize active listening and communication to adjust to the specific needs of each client. Nurses are able to listen to their older adult clients and adapt their care to center holistically around the individual based on that communication.

3. In what way is a student building their nursing skills by interviewing patients including older adults?

Interviewing patients, specifically older adults, allows students to visualize their patients as humans rather than case studies. Partaking in an interview allows students to practice building a relationship with their clients and nurture rapport.

4. Reflect on one question and expand on how the communication could improve.

Question #3, “Other than your brother, do you have any other family?”, was a question I asked that was not prepared. I believe the communication could have been improved by rephrasing the question and approaching the topic more empathetically. I had no way of knowing what the answer to this question would be and I could have put the patient in an uncomfortable situation. I should have rephrased this into an open-ended question such as “tell me about your family.”

