

## Interview Process Chart

<b>Question and Question Number:</b> <ul style="list-style-type: none"> <li>List the question you asked below</li> </ul>	<b>Student communication:</b> <ul style="list-style-type: none"> <li>List 1 verbal communication skill used</li> <li>List 1 non-verbal communication skill used.</li> </ul>	<b>Interviewee communication:</b> <ul style="list-style-type: none"> <li>List 1 verbal communication skill the patient used</li> <li>List 1 non-verbal communication skill the interviewee used</li> </ul>	<b>Student thoughts &amp; feelings related to the communication</b> <ul style="list-style-type: none"> <li>Describe 1 thought or feeling related to the communication</li> </ul>
1 What was your favorite job	Active Listening Eye Contact	Considering Message  Hand gestures	Observed that the patient was very excited/passionate about this.
2 What most influenced your life	Considering tone  Emotional intelligence	Eye contact  Body Language	Felt that the patient appeared to express a strong desire to inflect on this content in such a way as to encourage others to adopt sharing his beliefs on this.
3 What event in your lifetime would you change if you had a time machine	Asking for clarification  Body language	Volume and tone  Facial expressions	Empathized with the patient evidencing a spectrum of emotional connections and responses to what he described, despite difference in viewpoints.
4 What place did you always want to visit that you would if you could	Questioning  Hand gestures	Asking for feedback  Haptics	Recognizing that the patient was at times excited to discuss this, but also looked forlorn at times, perhaps acknowledging he will never get to visit Italy in his lifetime.
5 What thing would you go witness if you had a	Understanding audience  Paralinguistics	Confidence  Posture	It appeared as though the patient 100% knew how he wanted to answer this question, as though he had given this careful consideration in the past, and enjoyed the question being asked.

time machine			
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## Step Two: Interview Evaluation-Reflective Activity

Step Two Directions: After interviewing an older adult, students are to complete a self-reflective evaluation. Answer all FOUR questions listed below. Complete in full sentences with proper clarity and mechanics. Follow rubric for full guidelines.

1. What are the major take-home lessons after interviewing an older adult?

It is important to consider that this is an individual with a very different lived experience and therefore may place a different level of importance on different aspects of life or consider things differently. IE cultural sensitivity is key, as significant age differences can be one of the greatest stratifying characteristics between two people(s) having a discourse. It is important to avoid judgement about these differences and express an understanding even when unable to fully empathize or agree on these disparities.

2. How can a nurse adapt their practice to be more responsive to the unique needs of an older adult client?

The older adult client is unique from other clientele. It is important to adapt one's view on life to incorporate a regard for how it may influence one's mood or disposition to be closer to the end of their life, harbor certain regrets or remorse, or having a day-to-day that is characterized by less independence. While the nurse may not be able to personally feel what this may be like precisely, that need to use their ability to place themselves in the others shoes.

3. In what way is a student building their nursing skills by interviewing patients including older adults?

Taking the time to have these interactions that place an individual outside their comfort zone, but also emphasizes skillsets intrinsic to creating a comfort zone, represents a fantastic opportunity for developing an ability to be adaptable to whatever environment one is placed in. Nursing is a highly dynamic field, involving being placed in very different environments with very different individuals – as such these skills are highly valuable. Further, the ability specifically to interview these clients helps build both confidence and an inquisitive disposition that aids in collecting important information that may be relevant to our clients' care.

4. Reflect on one question and expand on how the communication could improve.

Having a more individualized environment can influence the client's inhibition in a discussion. In my case, my client was in his own environment, with familiar aspects, and with people he was close to. Therefore, he appeared to be very comfortable during our discussion. I feel that this contributed to my client's forthright disposition in our interaction. However, this was a very

public setting, and other clients might be more private or withdrawn in such an environment, feeling uncomfortable sharing so much about themselves in the presence of so many other ears that might be eavesdropping. These clients may have done better in a private setting such as their own room without others surrounding. Concordantly, my client may have been a bit more reserved in 1-on-1 environment, but given his social skills and enthusiasm, I don't think he particularly would have been less engaged regardless of the environment.

STUDENT NAME \_\_\_\_\_ Nick Alford \_\_\_\_\_

Total  
Points:  
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