

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/ Teaching Tools (2 points)	Evaluation (3 points)
<p>Level of motivation for learning: Patient states he wants to do better and have a better life.</p> <p>Barriers to effective learning: Patient is homeless. Patient claims to use cocaine 3.00x's per week.</p> <p>Health beliefs/values: Patient stated he was a Christian and religion was very important to him.</p> <p>Psychosocial development : Autonomy vs. Shame/Doubt</p> <p>Cognitive development : Concrete Operational,</p>	<p>Nursing Diagnosis:</p> <ol style="list-style-type: none"> Risk for imbalanced fluid volume. Related to difficulty accessing water and malnutrition as evidenced by difficulty to resources due to homelessness and lack of income. (Phelps, 2023). <p>Goal of Teaching:</p> <ol style="list-style-type: none"> Patient will maintain adequate urine output (Phelps, 2023). 	<p>Intervention 1:</p> <p>Administration of intravenous fluids as indicated (Phelps, 2023).</p> <p>Intervention 2:</p> <p>Provide encouragement and support for cooperation with prescribed treatment regimen (Phelps, 2023)</p> <p>Intervention 3: Educate patient and family regarding fluid restrictions or need for increased fluids (Phelps,2023).</p>	<p>Method 1:</p> <p>Q&A</p> <p>Method 2:</p> <p>Teach-back</p>	<p>Discuss how the client/family received the teaching:</p> <p>Client was able to effectively tell me what changes he could make to his everyday living to improve.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching:</p> <p>Strength is patient's willingness to learn how to better care for himself. Weakness is actually being able to implement actions.</p> <p>Suggest modifications to improve teaching plan (what would have improved the plan?):</p> <p>Getting the patient into contact with a rehab and someone to help him get back on his feet financially.</p>

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References (2) (APA):

Phelps, Linda. (n.d.). In *Nursing diagnosis reference manual* (12th ed., pp. 270 and pp. 322-323. essay.