

Teaching Plan and Grading Rubric

Student Name:

Criteria	0 points	2.5 points	5 points	Comments
<p><u>Assessment of Client/Family</u></p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> ● Determines motivation for learning ● Identifies barriers to learning ● Discuss health beliefs/values ● Discuss psychosocial and cognitive development 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> ● Determines motivation for learning ● Identifies barriers to learning ● Discuss health beliefs/values ● Discuss psychosocial and cognitive development 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> ● Determines motivation for learning ● Identifies barriers to learning ● Discuss health beliefs/values ● Discuss psychosocial and cognitive development 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Nursing Diagnosis and Goal of Teaching</u></p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> ● 1 nursing diagnosis identified in proper formatting ● 1 goal of teaching identified 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> ● 1 nursing diagnosis identified in proper formatting ● 1 goal of teaching identified 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> ● 1 nursing diagnosis identified in proper formatting ● 1 goal of teaching identified 	
Criteria	0 points	2.5 points	5 points	Comments

<p><u>Interventions</u></p> <ul style="list-style-type: none"> • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> ● Interventions to be included in teaching ● Relate interventions to meeting the teaching goal 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> ● Interventions to be included in teaching ● Relate interventions to meeting the teaching goal 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> ● Interventions to be included in teaching ● Relate interventions to meeting the teaching goal 	
Criteria	0 points	1 point	2 points	Comments
<p><u>Methods/Teaching Tools</u></p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> ● Use 2 appropriate teaching methods to deliver teaching ● Consider the following teaching methods: <ul style="list-style-type: none"> ● Discussion 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> ● Use 2 appropriate teaching methods to deliver teaching ● Consider the following teaching methods: <ul style="list-style-type: none"> ● Discussion 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> ● Use 2 appropriate teaching methods to deliver teaching ● Consider the following teaching methods: 	

<ul style="list-style-type: none"> • Q&A • Teach-Back • Interactive 	<ul style="list-style-type: none"> ● Q&A ● Teach-Back ● Interactive 	<ul style="list-style-type: none"> ● Q&A ● Teach-Back ● Interactive 	<ul style="list-style-type: none"> ● Discussion ● Q&A ● Teach-Back ● Interactive 	
Criteria	0 points	1.5 points	3 points	Comments
<p><u>Evaluation</u></p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> ● Discuss how the client/family received the teaching ● Identify strengths/weaknesses of the client or family in receiving teaching ● Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> ● Discuss how the client/family received the teaching ● Identify strengths/weaknesses of the client or family in receiving teaching ● Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> ● Discuss how the client/family received the teaching ● Identify strengths/weaknesses of the client or family in receiving teaching ● Suggest modifications to improve teaching plan (What would have improved the plan?) 	

Criteria	0 points	2.5 points	5 points	Comments
<p><u>APA Format</u></p> <ul style="list-style-type: none"> • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page 	<p>No in-text citations present</p> <p>2 or more references are greater than 5 years old</p> <p>3 or more APA errors</p> <p>No reference page present</p>	<p>1-2 APA errors</p> <p>1 reference is greater than 5 years old</p> <p>In-text citations appropriately cited</p> <p>Reference page present</p>	<p>No APA errors present</p> <p>In-text citations appropriately cited</p> <p>Reference page present and formatted properly</p>	

complete				
TOTAL				/25

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
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<p>Level of motivation for learning:</p> <p>The client and family members are highly motivated to learn the different therapies to help rehabilitate the client as much as possible.</p> <p>Barriers to effective learning:</p> <p>The client is having trouble with their memory and they often forget/confuse words and people. He also seems to forget the new limitations he's faced with and drops or can't pick things up easily. The wife is highly emotional and cries often when the client struggles with his memory and trying to do tasks. The client then shows more frustration and tends to fumble more.</p> <p>Health beliefs/values:</p> <p>The client stated he "should have listened to his doctor and taken his medication. He feels he would not be in this condition had he taken it all these years, and it is his fault</p>	<p>Nursing Diagnosis:</p> <p>Impaired physical mobility related to neuromuscular impairment as evidenced by decrease in fine and gross motor skills. (Phelps, 2023, page 412).</p> <p>Goal of Teaching:</p> <p>The goal of teaching is to improve and achieve the highest level of mobility for the client, regain as much mobility as possible, and preserve/improve his independence. The patient and family members will carry out a mobility regimen and show significant improvement by being able to perform most ADLs independently within 6 months. (Phelps, 2023, page 413).</p>	<p>Intervention 1:</p> <p>Identify the level of functioning using a functional mobility scale and communicate client's skill level to all staff members to provide continuity and preserve identified level of independence. (Phelp, 2023, page 413).</p> <p>Intervention 2:</p> <p>Refer client to physical and occupational therapy for development of mobility regimen to help rehabilitate client with identified deficits. (Phelps, 2023, page 414).</p> <p>Intervention 3:</p> <p>Place items within reach of the unaffected arm if patient has one-sided weakness or paralysis to promote client's independence. (Phelps, 2023, page</p>	<p>Method 1:</p> <p>Discuss different exercises the patient can do to improve mobility and provide handouts with explanations to help with memory/comprehension deficits. (Dhanyamraju, 2024).</p> <p>Method 2:</p> <p>Demonstrate active and passive ROM exercises and transfer techniques to strengthen muscles and promote independence.</p>	<p>Discuss how the client/family received the teaching:</p> <p>The client and family were very receptive to the teaching and were excited to get started to improve the client's health to restore as much function as possible. The client asked questions about exercises he was unfamiliar with but was able to repeat a good portion of the explanations back to me. The client was able to demonstrate some of the ROM exercises back to me from memory but had to reference the handouts or ask questions for others.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching:</p> <p>The client's strength is his determination and willingness to learn to improve his health. His family was also very reassuring to him, and they joked often to lighten the mood for him to relieve the</p>
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he had a stroke. He just thought it wouldn't happen to him and didn't prioritize his health." He is more aware now of what he needs to do to try to improve his health and he wants to do everything he can to get better.

Psychosocial development:

Integrity vs. Despair

The client stated he loves his life and his family. He has a great support system, and his kids come to his home, and they do activities together often. Both of his children and his wife were with him and were very affectionate and encouraging. He couldn't get his son's name out, and when the client and his wife became emotional, the son got up to hug the client and reassure him. He is very fulfilled in his life and just wants to get better.

Cognitive development:

The client is alert and oriented x4, but he does need some extra time to respond and

413).

frustration. They all volunteered to help with transportation and whatever is needed for the client. Their love and support toward the client will greatly help his success in therapy.

The client's weakness in the teaching was he became frustrated with not being able to perform all the exercises fluidly and remembering everything we went through. He struggles with knowing he has impairments now, and some ADLs are difficult to perform. His wife and I would gently remind him these changes are very new and with time, he would improve.

Suggest modifications to improve teaching plan (what would have improved the plan?):

Suggest for therapy services or case management to make appropriate arrangements to ensure the client's home is safe and

<p>occasionally needs things repeated. He also asks what common words mean, and when it was explained, he huffed and said, “oh I knew that.”</p>				<p>equipped with what he would need to function and live as independently as possible before or shortly after discharge. Suggest using material with more pictures could have helped the client remember exercises easier.</p>
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References (2) (APA):

Dhanyamraju, S. (2024, July 22). Recovery Exercises for Stroke Patients

<https://lonestarneurology.net/stroke/stroke-rehabilitation-exercises/#:~:text=Ankle%20Pumps:%20Sit%20in%20a,Repeat%2010%20times.>

Phelps, L.L. (2023). Nursing Diagnosis Reference Manual 12th ed. Philadelphia, Wolters, Kluwer Heath/Lippincott Williams & Wilkins