

N431 Adult Health II

Clinical Reflection Form

Name: Jessica Runde

Date: 12/3/2024

Clinical Rotation Site: Sara Bush Lincoln Health Center; Emergency Department

1. Briefly write about today's experience(s)
  - a. I loved today's experience in the emergency department. I was able to see many different patients and do many different tasks with the nurse. I was able to start an IV in two of my patients today. I was also able to help give medications and hang IVs. I was also able to see a mental health patient.
2. What is one thing you learned?
  - a. One thing that I learned today was how to talk to a mental health patient when they are in distress. The patient was very fidgety and scattered brain, and the nurse asked her politely to focus and look at her. This helped the patient focus and calm down a little bit so that she could have better communication with the nurse.
3. What is one thing you would do differently?
  - a. One thing that I would do differently is ask more questions. I wish I had asked more questions about the different medications that I was giving.
4. What is your major "take home" from today's clinical experience(s)?
  - a. My major take home lesson from today's clinical experience is that an emergency department nurse deals with many different patients. For example, one patient was four years old, while the other patient was 80 years old.
5. Is there anything else you would like to mention?
  - a. I never had any experience in the emergency department and was surprised when I liked it.