

N321 Adult Health I

Clinical Reflection Form

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End of Clinical Journal

1. Briefly write about your experience(s)

The experiences I had were very beneficial. I liked to observe how every nurse in the hospital did things differently, and it made me wonder how I would do and have a flow of things when I am in the hospital alone. I am more confident in the skills I learned in the lab, such as IV insertion and passing medication.

2. What are things you learned?

I learned how to prioritize things as a nurse, I learned how to give IV meds, start an IV on a patient, how to start an IV brain, and how to talk to a patient confidently.

3. What are things you would do differently?

I would have stepped in to do more things. I was often nervous, especially in the emergency room, to jump in and do specific tasks I had never done one a patient before, such as a foley.

4. What is your major "take home" from clinical experience(s)?

My major take-home would be correlating the client's symptoms to their problems and past medical history. Also, my take-home would be learning to be more confident.

5. Is there anything else you would like to mention?

I liked learning from Logan! He was the most helpful nurse, and I felt comfortable with him. Mary was also an excellent nurse to follow; she was very knowledgeable.