

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s)

Overall, I really enjoyed clinicals this semester. We got to do more skills and stick with the nurse more than the tech. I liked getting to see how the nurses would go about their day and what their routines were. I enjoyed getting to start IV's, pass meds, and the other skills we were unable to do last semester.

2. What are things you learned?

This semester I got to do more and got to see more nursing skills. I also learned more about the different units and seeing things that I enjoy more than others. I also really liked when the nurses would give us tips for things and explain what the different medications are for.

3. What are things you would do differently?

Something I would do differently is just ask a question if I was curious about something. There were times where I would be a little nervous to ask a question and for someone to think it was a "dumb" question.

4. What is your major "take home" from clinical experience(s)?

My major take home from clinical experiences would be to not be so worried when trying new things. I feel like I need to relax when going in and educating patients or trying a new skill for the first time. I always would overthink and it all ended up being fine.

5. Is there anything else you would like to mention?

No