

N321 Adult Health I

Clinical Reflection Form

Name: Taylor Spelman

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End of clinical Journal

1. Briefly write about your experience(s)
  - a. I enjoyed clinical this semester. I gained a lot of knowledge on tips and information on how I can either better or make being a nurse a bit easier. All the nurses that I followed throughout all rotations were always welcoming and were always willing to provided lots of feedback.
  
2. What are things you learned?
  - a. I learned many things during my clinical time. I asked many questions about different things and always got an answer. Tips and tricks that some nurses do to make certain things easier were things I appreciated. I also learned while observing, communication skills and how to be efficient when working.
  
3. What are things you would do differently?
  - a. I don't have a lot that I would do differently only because I was always curious and would ask questions when I had them. The nurses were also always willing to teach me, so that made my experience better and more enjoyable.
  
4. What is your major "take home" from clinical experience(s)?

- a. Always be willing to help is only one thing of many that I will take home with me. The nurses were always willing to help patients and other nurses as well. They continuously asked other nurses if they needed anything to help out whether it was something big or even small. It is so much better to help others so that way you can get that in return. It will be something you will be thankful for later on.
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- 5. Is there anything else you would like to mention?
    - a. Thank you for a great semester!