

N431 Adult Health II

Clinical Reflection Form

Name: Tyranny Davis

Date: 12/2/2024

Clinical Rotation Site: CT8 Floor

1. Briefly write about today's experience(s)

Today the nurse had me complete the assessments, medication administration, and charting for my two assigned clients. I was able to teach a client how to use an inhaler for the first time. I also got to experience and witness a client who was non-compliant with all medications, and the interventions and education the nurse provided to address the client and their concerns.

2. What is one thing you learned?

I learned that clients who are non-compliant may have various reasons for not participating in their care. The client we were working with had been unwilling to participate in her care by communicating with nurses and taking medications. The nurse took the time to ask her important questions in a non-judgmental manner and worked with the client to address her concerns. The nurse's ability to slow down and listen to the client also helped her to advocate for the client with the family and interprofessional team.

3. What is one thing you would do differently?

I would have asked the more difficult client more questions to build rapport. This could have helped her be more trusting of me, and in turn could have allowed for enhanced client care. This could have also enabled me to better mediate for the client and her family during tense emotions.

4. What is your major "take home" from today's clinical experience(s)?

My major take home from today's experience is to ask questions. This is not only of my peers and preceptors, but of the clients too. Knowledge is power, and asking questions can enable me to have better relationships and understanding.

5. Is there anything else you would like to mention?

I was initially not excited about being paired with a float as my preceptor but Renesha was phenomenal and really allowed me to be the primary point of care for my assigned clients.