N321 Adult Health I

Clinical Reflection Form

Name: Kaylee Andersen Date: 12/03/2024

End of clinical Journal

1. Briefly write about your experience(s)

   I truly enjoyed this semester clinicals because I was able to work with the nurses and practice skills that I learned in lab. At first, I did not know how I was going to feel about rotating to different departments, but I enjoyed it. I was able to “dip” my toes in and get an idea of where I would like to work at. To my surprise, I enjoyed the ED a lot. Most of the nursed I was working with, I enjoyed, and they were patient with me and enjoyed teaching me.

2. What are things you learned?

   I finally got to learn how to do IV! I was excited to learn that. I did not realize how similar the process was to doing blood drawing. I started to put together the knowledge of how issues or diseases work among different patients and how lifestyles can affect it.

3. What are things you would do differently?

   Asking and making sure I get the full experience when I was in different departments. My first time in the ED, I did not do anything and was timid to ask if I could watch. After that, I do feel like I got better but I am going to work on it. I want to experience as much as I can while I am in school before I am on my own. Also, if something traumatic happened, I would have my classmates and professors get me through it.

4. What is your major “take home” from clinical experience(s)?

   The patient’s care will always come first. Being a nurse is truly being their advocate when they are unable to. Especially when they do not understand what is going on or why they are taking their medication. It is up to the nurse to find more information and at times question the providers on why they choose what they chose or make suggestions.

5. Is there anything else you would like to mention?

This semester clinical was better than my first. It was nice having a scheduled laid out and it was when I was on the 4th floor trying to stick with the same nurse. It made it less cluster/stressful.