N433 – Active Learning for School Nurse Shadowing Experience

1. How does this clinical site relate to the course?

For the school nurse clinical, I was at Mary Miller Junior High and Georgetown-Ridge Farm High School, both located in Georgetown. This clinical site relates to this course because the nurse is caring for children and adolescents. Not only does she care for them if they are sick, but she also needs to ensure they are up to date on their physicals, hearing/eye/dental exams, and vaccines. In this course, we learned about the different vaccines and when they are given. The school nurse needs to be aware of what vaccines are due and ensure the adolescents receive them unless they are exempted.

2. How were you an engaged nursing professional today?

There is only one school nurse for both middle and high school. The nurse would update the student's records and go through them to ensure all the proper documents were turned in. She also gave some students their prescribed medicine before lunch. We had one student who was vomiting at the beginning of the day. The nurse took her temperature and called her guardian to pick her up. The nurse explained that the schools have a policy where if the student is vomiting, having diarrhea, or has a temperature greater than 100.4, they are automatically sent home. The nurse was very open to any questions I had and thoroughly explained everything she had to do as a school nurse.

3. How did you contribute to the service provided by the school nurse today?

I mostly observed the nurse as she performed her tasks or talked to her about her job. She was the one who would give the students their prescribed medicine if they had any. She explained to me about carb counting for one student who had diabetes and needed insulin. They would see what his sugar was before lunch, and afterward, the student would tell the nurse what they ate, and the nurse would then calculate the carbs and use that to determine the amount of insulin she needed to administer. Two students came into her office feeling sick, but as one had vomited and the other had a temperature over 100.4, the nurse just called their parents to come pick them up.

4. Name **3** ways this clinical site impacts Pediatric health?

The school nurse clinical site impacts pediatric health by providing specific care to children of all ages. School nurses are in charge of helping students when they are feeling ill, have been injured, or have other health concerns or questions. School nurses also need to be educated in handling the medical needs of children who have specific needs, such as prescribed medicines like insulin or inhalers. School nurses also impact children's preventative health, such as obtaining the student's yearly physicals, eye, dental, and hearing exams, and vaccines. School nurses are also important advocates for children's health and educators to parents on its importance.

5. What are the health risks of the population served during today's clinical based on your observations today?

The students can be exposed to many health risks due to their close proximity to one another. I didn't get to observe many students today. However, the two students who did come to the office feeling ill could have possibly had a common cold, flu, or stomach virus. Other health risks that the nurse mentioned she had seen a lot of were lice, bed bugs, and strep throat. She stated that many

of the little kids in the elementary would be found to have lice or bed bugs, and since many of them had older siblings, she would end up checking the older siblings, and they would also have them.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

One nursing diagnosis that could be used is risk for deficient fluid volume related to vomiting (Phelps, 2023). A measurable goal can be the patient's vital signs will remain stable and will try to have an adequate intake of fluids (Phelps, 2023). One nursing intervention that can be done is monitoring the patient's vital signs at least every 4 hours while vomiting is still occurring (Phelps, 2023). Another intervention that can be done is education on the appropriate amount of fluid intake for that specific child based on their weight (Phelps, 2023). Lastly, educating on monitoring the patient's urine output (Phelps, 2023).

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

My experience during the school nurse clinical showed me another side to pediatric care in the nursing practice. The school nurse has many important responsibilities besides providing care to sick children. I did wish to see more while there, but I did learn how important it is for the school nurse to stay updated on everything related to pediatric health care. Because the school nurse was the only nurse there, she had to be knowledgeable on pediatric health, vaccines, and other important health exams. Because of this, I learned that it is much better to have gained experience elsewhere before starting a school nurse position because the nurse is usually alone and does not have other colleagues to ask for help.

References

Phelps, L. L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete ***Total Weight- 5 points***	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments ***Total Weight- 10 points***	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? ***Total Weight- 10 points***	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. **Must use 1 scholarly reference (published within the last 5 years)** ***Total Weight- 10 points***	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. ***Total Weight- 10 points***	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. ***Total Weight- 5 points***	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____