

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.

1. How does this clinical site relate to the course?

This clinical site allows students to practice assessment and communication skills with pediatric patients and their families. Having the experience allows students to get more comfortable working with children. In the clinical setting, the child may not be comfortable in the clinical setting, so this experience allows nursing students to practice their therapeutic communication skills. This clinical site gives students the ability to practice getting vitals on children of all ages in an efficient and successful manner. This site also allows students to see a different type of pediatric nursing. The nurses at this location often do different tasks than those in a hospital setting. Having this difference gives students the opportunity to learn about the many ways they can become a pediatric nurse.

2. How were you, an engaged nursing professional today?

Today, I eagerly listened to what the nurses, techs, and physicians were saying and watched what they were doing. I was able to learn a lot about how pediatric nursing in a clinical setting takes place and what a day-to-day experience can look like for those that work there. While with the nurses, I was able to care for children of all ages. I was also able to answer questions that the nurses asked of me. With the information that I have learned in this course, I was able to help assist the nurses and techs on the unit with their tasks and help their day run smoothly.

3. How did you contribute to the service provided by the clinic nurse today?

Today, I was able to follow nurses and techs and assist them in many ways. The first thing I was able to do was grab the patients from the waiting area and take them back to the designated room. This allowed the nurses and techs to gather their supplies while the patient was being brought back, making them more efficient when they got into the room. The next thing I was able to do was take vitals on the client when they entered the room. This allowed me to help the techs and nurses and get the provider in the room more quickly.

4. Name **3** ways this clinical site impacts Pediatric health.

1. This clinical site gives families a local location to bring their children to be seen by a physician. Having access to multiple providers is important as it helps ensure that children can be seen in a timely manner whenever they are sick or have concerning issues.
2. This clinical site provides education to parents of other family members about the needs of a child and how to best meet that child's needs. Each child that came into the clinic was there because of something different. Having trained professionals at the clinic that families can contact at any time to have their questions answered is very important.
3. This clinical site provides a variety of types of care to meet the varying needs of their patients. If the providers, nurses, and techs cannot treat the child or meet their needs in the office, they are able to reach out and refer clients to other providers and locations that can better meet those needs.

5. What are the health risks of the population served during today's clinical based on your observations today?

One client came in with a new diagnosis of asthma. The adolescent was accompanied by their parents who had no experience with the condition. The child reported that their symptoms would get worse after activity, but also after being around those who smoke cigarettes. The parents of the child both admitted to smoking around the child and in their home. The provider and nurse were able to provide education about reducing the child's triggers and that the parents should consider smoking cessation, or at least no longer smoking around the child. The parents were grateful for the information and had no idea that their smoking habits could be potentially harming their child.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Diagnosis: Ineffective airway clearance related to asthma diagnosis as evidenced by increase in respiratory effort.

Goal: The client will be able to breathe without the use of accessory muscles and without the presence of retractions every day for one month.

Interventions: The nurse will provide the client with breathing exercises to help increase the efficacy of their breathing. The nurse will provide education to the client and their family about reducing the client's asthmatic triggers. The nurse will instruct the client on how to use their prescribed inhalers.

These nursing interventions will help the client, and their family, better understand the child's new diagnosis and how to treat it. The nurse could also provide the parents with smoking cessation plans. This could help the parents stop smoking, therefore reducing a trigger for the child.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

My experience during the Ambulatory Clinic job shadowing today will impact the way I approach pediatric patients and pediatric nursing in the future. Being able to watch how the techs and nurses interacted with the children they were treating was very eye opening. The techs and nurses were able to walk into the room and make the child feel more at ease and comfortable with the situation. I was also able to observe how efficiently the techs and nurses were able to carry out tasks. The skills that the nurses and techs were performing were being done very well and in a timely manner. Watching how the techs and nurses carried out their responsibilities gave me an example of how I want to approach pediatric nursing in the future.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72</p>	<p>- Paper submitted to dropbox or discussion board late.</p>		<p>- Paper submitted to dropbox on time.</p>

hours of the School Nurse shadow experience. <i>Total Weight- 5 points</i>	Weight- 1 point		Weight- 5 points
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Total Points _____