

Service-Learning Reflection Journal

After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (Service Learning outcome #1)

- a) Provide examples of learning experiences that met outcome #1.
- b) State the location of the service-learning hours.
- c) How did the experience will assist with future nursing practice?

a) Volunteering at the Eastern Illinois Food Bank fostered critical reflection by exposing me to real-world challenges like hunger and poverty, encouraging a deeper understanding of social responsibility and professional ethics. Reflecting on the effectiveness of my actions and decisions helped build problem-solving skills and resilience while reinforcing values such as fairness, equity, and integrity. This experience not only supported personal growth but also prepared me to lead with purpose and align my professional career with principles of social impact and ethical decision-making.

b) I completed these service-learning hours at Eastern Illinois Food Bank in Urbana, IL.

c) This experience will assist with future nursing practice by enhancing my understanding of collaborative decision-making, resource management, and community-focused strategies. It equipped me to work within healthcare teams and advocate for equitable care, addressing both individual and community health needs.

2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Outcome #2)

- a) Provide examples of learning experiences that met outcome #2.
- b) State the location of the service-learning hours.
- c) How did the experience will assist with future nursing practice?

a) Through my service-learning with the American Legion Riders of Post 51, assisting in respectfully retiring American flags, instilled a strong ethic of social and civic responsibility, reinforcing values of respect, community engagement, and meaningful contribution, which now guide my professional practice.

b) Although the American Legion Riders of Post 51 are based out of Westville, IL, I completed these service-learning hours in Danville, IL at the Vermilion County Airport.

c) This experience will support my nursing practice by fostering empathy, respect, and a commitment to compassionate, patient-centered care.

3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Outcome #3)

- a) Provide examples of learning experiences that met outcome #3.
- b) State the location of the service-learning hours.
- c) How did the experience will assist with future nursing practice?

a) By donating socks, canned goods, and pet food helped me understand the complex issues affecting family, population, and community health by highlighting the connection of basic needs, such as clothing, nutrition, and pet care, with overall well-being. It demonstrated how socioeconomic factors influence health outcomes and emphasized the importance of addressing these needs to support holistic community health.

b) I completed the sock donation through a service drive with the Student Government Association at Lakeview College of Nursing in Danville, IL, the pet food donation was to the Vermilion County Animal Shelter in Tilton, IL, and the canned goods donation was to the Blessing Box with Central Christian Church in Danville, IL.

c) By donating socks, canned goods, and pet food enhanced my understanding of the social determinants of health, such as access to basic needs, and their impact on well-being. This awareness will help me provide more holistic, compassionate care in my nursing practice by addressing both physical and social factors affecting patients' health.

4. Develop their ability to work collaboratively in a variety of settings. (Outcome #4)

- a) Provide examples of learning experiences that met outcome #4.
- b) State the location of the service-learning hours.
- c) How did the experience will assist with future nursing practice?

- a) Volunteering with Mission K9 Warriors developed my ability to work collaboratively by requiring me to coordinate with diverse groups, including team members, veterans, and animal care professionals in different settings during the fundraiser to raise money for K9s for veterans struggling with PTSD.
- b) I completed these service-learning hours at the Georgetown Fairgrounds in Georgetown, IL.
- c) This experience enhanced my adaptability and teamwork while deepening my understanding of trauma and mental health, preparing me to provide compassionate, patient-centered care to diverse populations, including those with PTSD.

5. Learn about diverse cultural perspectives and develop a respect for cultural differences. (Outcome #5)

- a. Provide examples of learning experiences that met outcome #5.
- b. State the location of the service-learning hours.
- c. How did the experience will assist with future nursing practice?

- a) Volunteering as a mock patient during Spring 2024 Senior Triage Day, helped me gain insight into diverse cultural perspectives by simulating a scenario involving immigrants from various backgrounds. It exposed me to the unique challenges and needs of individuals from different cultures during a crisis, such as language barriers, differing health beliefs, and emotional responses.
- b) I completed these service-learning hours at Lakeview College of nursing in Danville, IL.
- c) This experience will assist with future nursing practice by enhancing my cultural competence, communication, and adaptability. It prepared me to recognize and respect cultural difference, address language barriers, and provide compassionate, patient-centered care to individuals from diverse backgrounds in crisis and routine healthcare situations.

6. Observe organizational and community decision making styles and reflect on how these are utilized to promote health and wellness in communities. (Outcome #6)

- a. Provide examples of learning experiences that met outcome #5.
- b. State the location of the service-learning hours.
- c. How did the experience will assist with future nursing practice?

- a) Volunteering with the Eastern Illinois Food Bank allowed me to observe how organizational and community decision-making processes address food insecurity and promote health. I witnessed how resources are allocated, partnerships are formed, and strategies are implemented to maximize impact. By reflecting on these efforts, you gained insight into how collaboration, planning, and prioritization are utilized to meet community health and wellness needs effectively.
- b) I completed these service-learning hours at Eastern Illinois Food Bank in Urbana, IL.
- c) This experience will assist with future nursing practice by enhancing my understanding of collaborative decision-making, resource management, and community-focused strategies. It equipped me to work within healthcare teams and advocate for equitable care, addressing both individual and community health needs.

Meeting the service-learning outcomes will meet program outcomes for graduation.
Each student must meet all outcomes.

Meeting Program Outcomes

Service Learning outcome #1 meets program outcome # 5

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

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Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1