

Service-Learning Reflection Journal

After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

Meeting the service learning outcomes will meet program outcomes for graduation.

Each student must meet all outcomes.

Meeting Program Outcomes

Service Learning outcome #1 meets program outcome # 5

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1

Please fill out in detail how these outcomes were met. Use at least 2 to 3 complete sentences to explain how outcomes were met with your service learning for A & C.

1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (service learning outcome #1)
 - a) Provide examples of learning experiences that met outcome #1.
 - b) State the location of the service-learning hours.
 - c) How did the experience assist with future nursing practice?

I reflected during my service learning hours in a way that integrated professional values and leadership by taking a leadership role during my hours that I gave to the community baby shower that was hosted in Terre Haute, IN that was hosted at the Haute City Center. It was open to the public and anyone was welcomed to come. Their main population was expecting parents and

Approved 8/20/2020

Modified 5/1/2024

parents. It was a free event that Union Hospital Hosted. I took a leadership role by teaching parents how to put a baby in a car seat correctly and help educate the patient about safe sleep. This was different from my other locations as I did not take on a leadership role, but instead helped where I could. I made sure I was professional in speaking to the parents and made sure they felt comfortable asking another nurse questions that I was following. This will assist me in future nursing because it helped me in the role as an educator. As a nurse, educating your patient is a big role that a nurse does that ensures her patient's health.

2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Service Learning Outcome #2)
 - a) Provide examples of learning experiences that met outcome #2.
 - b) State the location of the service-learning hours.
 - c) How did the experience will assist with future nursing practice?

I incorporated the ethic of social and civic responsibility into my professional values and practice by trying to find a location that helped those who needed more help. I did 5 service learning hours at my local middle School. Is it located in West Terre Haute, IN at West Middle School. In my opinion, it is my civic responsibility to help those in need and what better way to help than to provide school supplies to young children in need. I went supply shopping and then made up backpacks for the first day of school. It was full of notebooks, folders, pencils, highlighters, and anything that they need to have a successful school year. This will assist me with my future nursing practice by remembering that many patients might need help and items outside of the

Approved 8/20/2020

Modified 5/1/2024

healthcare setting that they might need but cannot afford. I can help them get in contact with agencies that may assist them with these issues that they may face.

3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Service Learning Outcome #3)

- a) Provide examples of learning experiences that met outcome #3.
- b) State the location of the service-learning hours.
- c) How did the experience will assist with future nursing practice?

I developed an understanding of issues impacting family, population, and community needs while volunteering for a dance that raised money for the trauma team. I did another 5 hours at West Vigo Middle School. This was to help raise money for the trauma team at this school. The trauma team is a group of teachers that have volunteered to help when there is a child in need. For example, last year there was a house fire and a family lost everything. The trauma team put them in a hotel and bought them food and clothing. This was all provided free of charge. This mixer was to help raise money for situations for families in need. I helped with the front door and helped set up the mixer. I talked to the middle schools while helping work the pizza table when the students were ready for a break. All the money that was raised went to the trauma team funds to help future disasters. It is related to community health needs by also helping the parents and siblings that are community members in the county. This experience will assist me with future nursing practice by remembering that every person has their own battles and stories. As a nurse, you do not get the full back story on why a patient might have ended up where they are. It is important to remember to listen and be understanding for each patient and try to have patience

Approved 8/20/2020

Modified 5/1/2024

for those extra difficult patients because you never know what they are silently going through.

This will help me be more passionate throughout my nursing career.

4. Develop their ability to work collaboratively in a variety of settings. (Service Learning Outcome #4)

- a) Provide examples of learning experiences that met outcome #4.
- b) State the location of the service-learning hours.
- c) How did the experience assist with future nursing practice?

I developed the ability to work in a variety of settings especially when I volunteered for Shop with a Cop. It was more out in the community and was outside where my other locations were strictly inside. This was located in Marshall, IL at Mill Creek Lake. This organization was a ride that donated all the money raised to the local sheriff department. The department puts the money up for Christmas where they shop for toys for children in the community that might not get a gift unless it is provided by this organization. During the service hours, I helped with the sign in waivers, the set up of the food table, helped organize the dinner, and set up roadblocks. The day raised almost \$7,000 for Christmas toys. This experience will assist with future nursing practice by ensuring that emotional health is just as important in physical health. the children would be saddened if they did not receive any presents for the holiday season. It showed me that happiness can help someone heal. It will also remind me that the community can come together and help those in need if they are willing.

Approved 8/20/2020

Modified 5/1/2024

5. Learn about diverse cultural perspectives and develop a respect for cultural differences

(Service Learning Outcome #5)

- a. Provide examples of learning experiences that met outcome #5.
- b. State the location of the service-learning hours.
- c. How did the experience will assist with future nursing practice?

During my volunteer hours for the community baby shower, I really got involved with cultural differences and perspectives. Some cultures, like the Amish, believe in an all natural birth. I only saw one amish family (out of the 700 people who showed up for the event), but they helped inform me about the beliefs surrounding parenthood and birth for their culture. I also was involved with a Middle Eastern culture and how the grandparents are very involved with raising the babies. The parents of the expecting parents come and sometimes will stay with the mother over the father. The american culture was the same in the belief in epidural over an all-natural birth. This was located at Haute City Center. This will assist me in my nursing practice by remembering that every patient has their own culture and belief. It is vital to be respectful of each person and their culture even if you do not agree with their practices on certain matters.

Approved 8/20/2020

Modified 5/1/2024

6. Observe organizational and community decision making styles and reflect on how these are utilized to promote health and wellness in communities. (Service Learning outcome # 6)
 - a. Provide examples of learning experiences that met outcome #5.
 - b. State the location of the service-learning hours.
 - c. How did the experience will assist with future nursing practice?

I observed organizational and community decision making styles and reflected on how these promote health and wellness in communities strongly when volunteering the community baby shower and the shop with a cop. As mentioned above these were located in the Haute City Center and Mill Creek lake. I saw the community come together to give back to the community members. The baby shower helped mothers get in touch with WIC if they were unsure on how they are going to financially afford food and formula for their babies. This helped promote wellness in the mother and baby by providing nutritious food to the expecting mother to ensure a healthy pregnancy and it will provide formula to the infant when they are born. This ensures wellness for both mom and baby. The shop with the cop came together to provide for the community. Many small local businesses donated a box full of goodies for the silent auction which all profits went to the sheriff's department. One company donated the dinner that was provided to the participants after the ride was over. This helped with the wellness of the community by providing members that are less fortunate with items that they need, and children need to feel loved and cherished. This helped provide that. This will assist me during my nursing career by getting to know different community aspects. I now know that expecting mothers, and children in need, have a place to turn to. If a patient needs extra help, I know that I will be able to

Approved 8/20/2020

Modified 5/1/2024

find an organization that ensures the wellness of the community by providing them with resources.