

N431 Teaching Plan and Grading Rubric

Student Name: Kaleb Kelly

Criteria	0 points	2.5 points	5 points	Comments
<p><u>Assessment of Client/Family</u></p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Nursing Diagnosis and Goal of Teaching</u></p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Interventions</u></p> <ul style="list-style-type: none"> • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	

Criteria	0 points	1 point	2 points	Comments
<u>Methods/Teaching Tools</u> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	Missing 2 of the following: <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	Missing 1 of the following: <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	Includes complete information of all criteria: <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	
Criteria	0 points	1.5 points	3 points	Comments
<u>Evaluation</u> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	Missing 2 or more of the following: <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	Missing 1 of the following: <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	Includes complete information of all criteria: <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	
Criteria	0 points	2.5 points	5 points	Comments

<p>APA Format</p> <ul style="list-style-type: none"> • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page complete 	<p>No in-text citations present</p> <p>2 or more references are greater than 5 years old</p> <p>3 or more APA errors</p> <p>No reference page present</p>	<p>1-2 APA errors</p> <p>1 reference is greater than 5 years old</p> <p>In-text citations appropriately cited</p> <p>Reference page present</p>	<p>No APA errors present</p> <p>In-text citations appropriately cited</p> <p>Reference page present and formatted properly</p>	
Criteria	0 points	2.5 points	5 points	
<p>Evaluation of Teaching Presentation</p> <p>Introduction of content</p> <p>Patient put at ease</p> <p>Eye contact</p> <p>Clear speech and organized presentation</p> <p>Environment conducive to learning</p> <p>Family included (if applicable)</p> <p>Accuracy of information</p> <p>Validation of learning status</p> <p>Use of teaching aids (interpreter if applicable)</p> <p>Appropriate non-verbal body language</p>	<p>Missing 2 or more of the following criteria:</p> <ul style="list-style-type: none"> • Introduction of content • Patient put at ease • Eye contact • Clear speech and organized presentation • Environment conducive to learning • Family included (if applicable) • Accuracy of information • Validation of learning status • Use of teaching aids • Appropriate non-verbal body language 	<p>Missing 1 of the following criteria:</p> <ul style="list-style-type: none"> • Introduction of content • Patient put at ease • Eye contact • Clear speech and organized presentation • Environment conducive to learning • Family included (if applicable) • Accuracy of information • Validation of learning status • Use of teaching aids • Appropriate non-verbal body language 	<p>Includes all criteria:</p> <ul style="list-style-type: none"> • Introduction of content • Patient put at ease • Eye contact • Clear speech and organized presentation • Environment conducive to learning • Family included (if applicable) • Accuracy of information • Validation of learning status • Use of teaching aids • Appropriate non-verbal body language 	
TOTAL				/30
Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)

<p>Level of motivation for learning:</p> <p>The patient demonstrated great interest and motivation towards learning new methods of managing their atrial fibrillation. The patient was very kind and receptive to having a student nurse.</p> <p>Barriers to effective learning:</p> <p>The only barrier to effective learning for this patient was their increase in weakness, making it difficult for them to ambulate or exercise without assistance. They are also from home alone and require their son to get groceries for them, which limits their ability to get things sometimes at their convenience.</p> <p>Health beliefs/values:</p> <p>The patient stated, “I have strong Christian beliefs and know that God will take my health into his hands”. The patient understands the importance of their health and is willing to do what it takes to get back home.</p>	<p>Nursing Diagnosis:</p> <p>Deficient knowledge related to insufficient knowledge of atrial fibrillation and its treatment as evidenced by nonadherence with treatment regimen and verbalization of confusion (Phelps, 2023).</p> <p>Goal of Teaching:</p> <p>The goal of teaching is that the patient will be able to verbalize understanding of atrial fibrillation including its major risk factors, importance of medication adherence, diet regimen, and effective exercises.</p>	<p>Intervention 1:</p> <p>Providing education on the importance of medication adherence in managing their atrial fibrillation. The patient takes metoprolol, a beta-blocker that when taken regularly improve symptoms such as heart palpitations, fatigue, maintaining a sinus rhythm, and controlling ventricular rate.</p> <p>Intervention 2:</p> <p>Educating the patient on how diet may affect cardiac function. Limiting unhealthy fats, salts, caffeine, alcohol, sugar, and cholesterol. Foods such as fruits, vegetables, whole grains, lean proteins, nuts, and seeds are considered heart healthy options (Lynn, 2019).</p> <p>Intervention 3:</p> <p>Instructing the patient on exercises to help</p>	<p>Method 1:</p> <p>Providing the patient and family with a brochure containing necessary information regarding atrial fibrillation. This content would contain risk factors, symptoms to recognize, mechanism of action of beta-blockers, heart healthy foods, and lifestyle modifications.</p> <p>Method 2:</p> <p>The patient will demonstrate they can perform various exercises using the teach-back method. Using this method for education allows the patient to ask questions if they are uncertain on doing an exercise, while also allowing them to build the confidence to know they can do them at home to improve their health.</p>	<p>Discuss how the client/family received the teaching:</p> <p>The patient and their son both received the teaching very well. They were given copies of the brochure and asked questions showing that they were eager to understand and learn. The patient was able to effectively perform exercises using the teach-back method so that I could evaluate them.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching:</p> <p>Some strengths of this patient are their level of determination, eagerness to get back home, and their strong family support. The only potential weakness could be the amount of dependence needed on the son by the patient until they can get to a point where they have their independence back. Overall, the patient shows more strength towards gaining their health back.</p>
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<p>Psychosocial development:</p> <p>The patient’s psychosocial development is as expected for their age. This level of development is illustrated by Erikson’s theory of Integrity vs Despair.</p> <p>Cognitive development:</p> <p>The patient’s cognitive development is as expected for their age. This level of development is illustrated by Piaget’s theory of Formal Operation.</p>		<p>prevent heart disease and reduce symptoms of atrial fibrillation. These may include beginning with slow 5-to-10-minute walks, swimming, yoga, and even routine household chores.</p>		<p>Suggest modifications to improve teaching plan (what would have improved the plan?):</p> <p>It may have improved the teaching plan to take more time with the patient to understand their living situation and daily routine. A big factor in adherence to medication, diet, and exercise regimens can highly vary based on an individuals lifestyle.</p>
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References (2) (APA)

Lynn, P. (2019). *Taylor’s clinical nursing skills: A nursing process approach* (5th ed.). Wolters Kluwer.

Approved ~~8/18/2021~~ 11/19/2021
Revised 11/19/2021

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

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