

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: Wound Clinic

1. Briefly write about today's experience(s)

Today at the wound clinic I learned a couple of things. We only saw three patients because they had a lot of cancellations. The first patient's wounds were in the final stages of healing and were looking really good. The second patient had a lot of wounds from multiple procedures. She had a skin graft wound, a tunneling wound, and an incision from an abdominal surgery. The last patient had an above the knee amputation that she had fallen on, and broke the skin open.

2. What is one thing you learned?

I learned that when you are packing a wound to not pack it too tightly and always leave a tail out. The nurse stressed that to me quite a few times. She said that she had seen a wound packed without a tail and it was very hard and painful to get the rest of it out of the wound. I also learned a little bit about hyperbaric oxygen therapy, which was something that I did not know Sarah Bush offered.

3. What is one thing you would do differently?

I would ask the provider more questions next time. The provider was only in the room for like two minutes max for each of the patients. I could have asked her why she chose the bandages that she did and what were the differences between them all.

4. What is your major "take home" from today's clinical experience(s)?

My major take home is that sometimes patients do not take care of themselves or their wounds as much as nurses and providers would like them to. We saw a patient who just was not following directions for their wound to heal at all.

5. Is there anything else you would like to mention?

I liked this rotation, and think that it will be helpful for all careers. This is because no matter where you are working, you will most likely see a wound.