

N431 Adult Health II

Clinical Reflection Form

Name: Cassie Sanders

Date: 11/11/24

Clinical Rotation Site:

1. Briefly write about today's experience(s)

Today I was in the operating room for my clinical rotation. It was very busy in there because they had an emergency D&C come in so I was shuffled around a couple of times until I ended up in OR 2 with a great group of nurses, techs, and the doctor. I was able to watch two reverse total shoulder replacements. The first was start to finish but I had to leave about $\frac{3}{4}$ of the way through the second one.

2. What is one thing you learned?

In this rotation I learned the process of surgical procedures from start to finish. I watched the surg tech set up her tables, the nurses prep the room, then we went and got the patient from pre-op. There I was able to see the process of confirming the patient and procedure. Once they were taken back, I watched the steps to prepping the patient, I watched the surgery and observed the different role's needed. After they were done I was able to help clean up the room and prep for the next surgery.

3. What is one thing you would do differently?

The only thing I would have done differently would have been to grab a jacket. It was 61 degrees in the operating room.

4. What is your major "take home" from today's clinical experience(s)?

My major take home from this clinical experience is just how quickly everything in the OR happens. They are very efficient, everyone knows their role and executes it incredibly.

5. Is there anything else you would like to mention?

There is nothing else I would like to mention. I enjoyed being able to be a part of this rotation.