

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
  - a. This clinical site relates to this course because of being able to interact with children and seeing other interventions that are done with children outside of the hospital setting. I was able to see how school nurses gave vision and hearing tests, medications, and insulin while in the school setting. There was also a student in the high school that was diagnosed with epilepsy. He ended up having a seizure in the hallway on the way to lunch. So, I was able to experience how to take care of a student that has these types of health concerns without being in the hospital.
2. How were you an engaged nursing professional today?
  - a. I engaged as a nursing professional today by helping with anything the school nurse needed without question. My first job was to go to the classrooms and grab the students that needed a hearing or screening test. With these kids just being in kindergarten, I then had to sit and explain how the test worked. They needed to understand that it wasn't something to be scared about. I explained it more as a game. After the test was finished, I walked the kids back to class and grabbed the next group. My school nurse was also the nurse for the high school. So, at lunchtime we walked over to the high school to give student meds. There were some that had to report their lunches, so they knew how many units of insulin to push through their pump. And there were also students that just needed medication for many different reasons.
3. How did you contribute to the service provided by the school nurse today?
  - a. I was able to contribute my services today by educating the kindergarteners on their hearing and vision tests. I was also able to provide ice for students that got hurt during their physical education class. They were playing with scooters so there were many ice bags to be made throughout the day. Then when we went over to the high school, there was a student that had epilepsy and ended up having a seizure during the period that we were over there. I was able to support his head and keep him safe while in the hallway. Once he was stable enough, I helped maneuver him into a wheelchair and wheeled him to the nurse's office. I sat and monitored him while the school nurse called his mom to give her an update. The school nurse had orders from his doctor that if his vitals were stable, then he was allowed to stay in school. Although his vitals were stable, he was not verbal. He could answer questions with a head nod or by writing them on a piece of paper.
4. Name **3** ways this clinical site impacts Pediatric health?

- a. The first way that this clinical site impacts pediatric health was simple interaction with the children. Talking to kids is completely different than talking to adults. Being able to explain different procedures in a way that won't make the kids scared can be challenging. Being able to have practice at that intervention can help with kids' overall perception of a doctor or nurse office. The second way that this clinical site impacts pediatric health is by giving hearing and vision screens. If the kids fail more than twice within a 14-day period, then that tells the parents that they need to get followed up by a specialist. The final way that this clinical site impacted pediatric health was to be able to tell students the correct amount of insulin to administer during lunch time. This helps keep the student's blood sugar controlled while at school.
5. What are the health risks of the population served during today's clinical based on your observations today?
    - a. One of the health risks for the high school population would be hypoglycemia. Another health risk could be seizures for the student that is diagnosed with epilepsy. For the kindergarteners, they could be at risk for hearing or vision deficits. Along with the risk of getting hurt during their gym time because of their age and there being twenty plus students in each class. The high school population could also be at risk of getting hurt. While we were at the elementary school doing hearing and vision tests, we got report that there was a high school student that fell playing basketball while in gym class.
  6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
    - a. The health risk I am going to choose is hypoglycemia. The nurse should have a list of students that are diabetic, along with the students that control their sugars on their own and the ones that aren't as compliant. The students should know how to come and check in with this nurse every day before they eat lunch. By doing this, the nurse can document the students' blood sugar before eating. Then she can calculate the carbs in the student's lunch to make sure the student is administering the correct amount of insulin through their pump. The nurse had said to me that she had to call the parents of two diabetic students because they were not being compliant and checking in with her at lunch time. Because of this, they could have a knowledge deficit related to insufficient knowledge on controlling their blood sugar related to not checking in with the nurse (Salvador, 2023). My three nursing interventions would be to call the parents to make them aware of the situation, call the class that the student is in before lunch to remind them to check in with the nurse, and to express the importance of controlling blood sugars for overall health of the student. My measurable goal would be to have these students come check in with nurse all 5 days of the school week after calling their parents to hopefully get them in the routine of doing it every school day.
  7. How will your experience during the School Nurse job shadowing impact your Nursing practice?
    - a. After shadowing the school nurse, I feel like it will impact my nursing practice by realizing that you still need to be ready for anything to happen. It also will impact my nursing practice by being able to level with kids around the kindergarten age. Before explaining the hearing and vision tests to these kids, a lot of them seemed scared and didn't want to come. I found that if I was able to explain it as more of a game, they were

more receptive. Being able to do this made me feel more confident with making kids feel comfortable. Even though the hospital setting could be “scarier” for these kids, at least I can have a way to help them calm nerves during different nursing interventions.

### **Reference:**

Salvador, K. (2023b, October 10). *Hypoglycemia: Nursing Diagnoses & Care Plans*.

NurseTogether. <https://www.nursetogether.com/hypoglycemia-nursing-diagnosis-care-plan/>

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

| <b>CRITERION</b>   | <b>POOR</b>  | <b>FAIR</b>  | <b>GOOD</b>  |
|--|--|--|--|
| <p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>   | <ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>   | <ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>   | <ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>   |
| <p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>  | <ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>  | <ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>   | <ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>   |
| <p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>   | <ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>                                    | <ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>  | <ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>   |
| <p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>              | <ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p> | <ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p> | <ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p> |
| <p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p> | <p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>  | <p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>   | <p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>   |
| <p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>   | <p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>  |  | <p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>  |

**Total Points \_\_\_\_\_**