

N431 Teaching Plan and Grading Rubric

Student Name: Jaidi Davis

Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Assessment of Client/Family</u></b></p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>● Determines motivation for learning</li> <li>● Identifies barriers to learning</li> <li>● Discuss health beliefs/values</li> <li>● Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>● Determines motivation for learning</li> <li>● Identifies barriers to learning</li> <li>● Discuss health beliefs/values</li> <li>● Discuss psychosocial and cognitive development</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>● Determines motivation for learning</li> <li>● Identifies barriers to learning</li> <li>● Discuss health beliefs/values</li> <li>● Discuss psychosocial and cognitive development</li> </ul>	
Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Nursing Diagnosis and Goal of Teaching</u></b></p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>● 1 nursing diagnosis identified in proper formatting</li> <li>● 1 goal of teaching identified</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>● 1 nursing diagnosis identified in proper formatting</li> <li>● 1 goal of teaching identified</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>● 1 nursing diagnosis identified in proper formatting</li> <li>● 1 goal of teaching identified</li> </ul>	
Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Interventions</u></b></p>	<p>Missing 2 of the following:</p>	<p>Missing 1 of the following:</p>	<p>Includes complete</p>	

<ul style="list-style-type: none"> <li>• Discuss 3 interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<ul style="list-style-type: none"> <li>● Interventions to be included in teaching</li> <li>● Relate interventions to meeting the teaching goal</li> </ul>	<ul style="list-style-type: none"> <li>● Interventions to be included in teaching</li> <li>● Relate interventions to meeting the teaching goal</li> </ul>	<p>information of all criteria:</p> <ul style="list-style-type: none"> <li>● Interventions to be included in teaching</li> <li>● Relate interventions to meeting the teaching goal</li> </ul>	
<b>Criteria</b>	<b>0 points</b>	<b>1 point</b>	<b>2 points</b>	<b>Comments</b>
<p><b><u>Methods/Teaching Tools</u></b></p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>● Use 2 appropriate teaching methods to deliver teaching</li> <li>● Consider the following teaching methods: <ul style="list-style-type: none"> <li>● Discussion</li> <li>● Q&amp;A</li> <li>● Teach-Back</li> <li>● Interactive</li> </ul> </li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>● Use 2 appropriate teaching methods to deliver teaching</li> <li>● Consider the following teaching methods: <ul style="list-style-type: none"> <li>● Discussion</li> <li>● Q&amp;A</li> <li>● Teach-Back</li> <li>● Interactive</li> </ul> </li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>● Use 2 appropriate teaching methods to deliver teaching</li> <li>● Consider the following teaching methods: <ul style="list-style-type: none"> <li>● Discussion</li> <li>● Q&amp;A</li> <li>● Teach-Back</li> <li>● Interactive</li> </ul> </li> </ul>	

Criteria	0 points	1.5 points	3 points	Comments
<p><b><u>Evaluation</u></b></p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>● Discuss how the client/family received the teaching</li> <li>● Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>● Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>● Discuss how the client/family received the teaching</li> <li>● Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>● Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>● Discuss how the client/family received the teaching</li> <li>● Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>● Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	
Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>APA Format</u></b></p> <ul style="list-style-type: none"> <li>• Appropriate APA in-text citations and listed all appropriate</li> </ul>	<p>No in-text citations present</p> <p>2 or more references are greater than 5 years old</p>	<p>1-2 APA errors</p> <p>1 reference is greater than 5 years old</p>	<p>No APA errors present</p> <p>In-text citations appropriately cited</p>	

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<p>references in APA format</p> <ul style="list-style-type: none"> <li>At least 2 scholarly source(s) are utilized and should be 5 or less years old</li> <li>Source(s) greater than 5 years old will not be accepted</li> <li>Reference page complete</li> </ul>	<p>3 or more APA errors</p> <p>No reference page present</p>	<p>In-text citations appropriately cited</p> <p>Reference page present</p>	<p>Reference page present and formatted properly</p>	
<b>Criteria</b>	<b>0 points</b>	<b>2.5 points</b>	<b>5 points</b>	
<p><b><u>Evaluation of Teaching Presentation</u></b></p> <p>Introduction of content Patient put at ease Eye contact Clear speech and organized presentation Environment conducive to learning Family included (if applicable) Accuracy of information Validation of learning status Use of teaching aids (interpreter if applicable) Appropriate non-verbal body language</p>	<p>Missing 2 or more of the following criteria:</p> <ul style="list-style-type: none"> <li>● Introduction of content</li> <li>● Patient put at ease</li> <li>● Eye contact</li> <li>● Clear speech and organized presentation</li> <li>● Environment conducive to learning</li> <li>● Family included (if applicable)</li> <li>● Accuracy of information</li> <li>● Validation of learning</li> </ul>	<p>Missing 1 of the following criteria:</p> <ul style="list-style-type: none"> <li>● Introduction of content</li> <li>● Patient put at ease</li> <li>● Eye contact</li> <li>● Clear speech and organized presentation</li> <li>● Environment conducive to learning</li> <li>● Family included (if applicable)</li> <li>● Accuracy of information</li> <li>● Validation of learning</li> </ul>	<p>Includes all criteria:</p> <ul style="list-style-type: none"> <li>● Introduction of content</li> <li>● Patient put at ease</li> <li>● Eye contact</li> <li>● Clear speech and organized presentation</li> <li>● Environment conducive to learning</li> <li>● Family included (if applicable)</li> <li>● Accuracy of information</li> <li>● Validation of learning</li> </ul>	

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	status ● Use of teaching aids ● Appropriate non-verbal body language	status ● Use of teaching aids ● Appropriate non-verbal body language	status ● Use of teaching aids ● Appropriate non-verbal body language	
<b>TOTAL</b>				<b>/30</b>

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
<p><b>Level of motivation for learning:</b> Highly motivated</p> <p><b>Barriers to effective learning:</b> The only barrier to effective learning that I identified was slight hearing difficulties.</p> <p><b>Health beliefs/values:</b> She does want to be a healthier person, and values her life outside of the hospital.</p> <p><b>Psychosocial development:</b> Her psychosocial development is appropriate for her age. She is in the</p>	<p><b>Nursing Diagnosis:</b> Imbalanced nutrition related to neglect of self care, as evidenced by edema and obesity (Swearingen &amp; Wright, 2019).</p> <p><b>Goal of Teaching:</b> The goal of teaching is to educate the patient on a diet that will help them maintain a healthier lifestyle.</p>	<p><b>Intervention 1:</b> Put the patient on a fluid restriction of 1500 mL per day (UCSF Health, 2019).</p> <p><b>Intervention 2:</b> Put the patient on a low-sodium diet (UCSF Health, 2019).</p> <p><b>Intervention 3:</b> Encourage fruits,</p>	<p><b>Method 1:</b> I could use the teach-back method by asking the patient to recite back to me what they learned or what their biggest take-aways were.</p> <p><b>Method 2:</b> I could print out different meal plan ideas for the patient so that she has something specific that she can follow.</p>	<p><b>Discuss how the client/family received the teaching:</b> I would expect this client to receive this teaching very well. She was a very sweet lady, who always asked if there was anything that she could do to help herself get out of there.</p> <p><b>Identify strengths/weaknesses of the client or family in receiving teaching:</b> I expect the client to take these instructions very well. She seems like she wants to get better, so if she gets</p>

<p>integrity vs. despair stage of Erikson’s Psychosocial development (Orenstein &amp; Lewis, 2022).</p> <p><b>Cognitive development:</b></p> <p>Her cognitive development is appropriate for her age. She is in the formal operational stage of Piaget’s Cognitive Development (Malik &amp; Marwaha, 2023).</p>		<p>vegetables, and grains (UCSF Health, 2019).</p>		<p>some motivation, I think she will.</p> <p><b>Suggest modifications to improve teaching plan (what would have improved the plan?):</b></p> <p>Teaching her why it is important to follow this diet could have improved the plan. Informing her of the consequences of not following the diet could have improved the plan as well.</p>
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**References (2) (APA):**

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Malik, F., & Marwaha, R. (2023). *Cognitive development*. National Library of Medicine; StatPearls Publishing.

<https://www.ncbi.nlm.nih.gov/books/NBK537095/>

Orenstein, G. A., & Lewis, L. (2022, November 7). *Erikson's stages of psychosocial development*. National Library of Medicine; StatPearls

Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK556096/>

Swearingen, P. L., & Wright, J. D. (2019). *All-in-one nursing care planning resource* (5th ed.). Elsevier.

UCSF Health. (2019, March 14). *Diet and congestive heart failure*. Ucsfhealth.org; UCSF Health. <https://www.ucsfhealth.org/education/diet-and-congestive-heart-failure>