

N431 Adult Health II

Clinical Reflection Form

Name: Erica King

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Clinical Rotation Site: CCU

1. Briefly write about today's experience(s)

I had a wonderful experience shadowing the nurse in the CCU. I got to experience another level of nursing that I had never seen before. While I was in the CCU, I got the experience of passing medications and doing treatments. The client that my nurse was assigned to was on CRRT, which was very interesting. Taking care of a client that is on CRRT is very complex and takes a great deal of time management. I found it interesting to watch the nurse provide care for this client. I enjoyed my experience in the CCU and really felt like I got some experience and knowledge base out of attending this clinical.

2. What is one thing you learned?

One thing I learned while on the CCU unit was that clients in the CCU are a different kind of care. In med-surg or other units I have been to, the clients are more alert and oriented, more stable, and sometimes more independent. In the CCU everything is different, the clients are either unresponsive completely or at such a level of illness that they aren't capable of communicating properly, the majority of the client's health status is not stable, and the clients in the CCU require more comprehensive care. I also learned about CRRT and what it does for the client and how to provide care to a client who is on CRRT.

3. What is one thing you would do differently?

One thing that I would do differently is just to just jump in and take chances. I often hold back at clinical and instead I should proudly attempt skills that I know I am capable of. I

would ask the nurse more questions about working in the CCU and what that entails. I also would follow more than one nurse. I think working with more than one nurse while on rotation in the CCU can be beneficial since they only have one to two clients at a time. This could be more beneficial for the students to be able to experience more clients and their illnesses.

4. What is your major “take home” from today’s clinical experience(s)?

My major take home from today’s clinical experience is that working in the CCU takes a special kind of nurse. A nurse working in the CCU has a lighter client load but handles more complex health conditions and more unstable clients. Also, I found that I find the CCU to be one of my considerations for a possible placement for me after graduation. I really enjoyed the environment of the CCU and the teamwork that I observed was incredible. I’d really like to find somewhere that I am comfortable with in nursing and I believe that the CCU could really possibly be a place where I can exceed and grow.

5. Is there anything else you would like to mention?

I’d also like to mention that the nurse preceptor that I had, James, was an incredible preceptor. He was kind and patient, knowledgeable, and did his job correctly. He was the first nurse that I have seen in quite a few clinical rotations that actually did things we are taught in nursing school that most nurses forget to apply in their practice. He was very patient and kind to me and made me feel comfortable and like I was part of the team. It is difficult for me in clinical to open up to people and be comfortable, but my preceptor in CCU made that so much better for me and I appreciate that.