

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

1. How does this clinical site relate to the course?

The clinical site for this rotation was at an ambulatory pediatric clinic. On this day, there was one clinical nurse and two medical assistants, one for each provider. The clinic sees a wide age range of children from newborns up to adolescents. They also see these children for a wide range of reasons such as for their vaccines, illnesses like flu or strep throat, or developmental disabilities like ADHD. This clinical site helped to relate the topics of pediatrics that relate to community such as age-appropriate vaccines, seeing communicable illnesses first onset and ensuring children are reaching their developmental milestones.

2. How were you an engaged nursing professional today?

There was one clinical nurse on site today, however, she had an orientee with her today. The nurse was mostly performing tasks on the computer and making various phone calls to patients and other people. She was also performing some inventory on different items such as vaccines. Because of this, we decided to follow the medical assistants as they were performing more hands-on tasks with patients. The medical assistants were very open to answering questions that I had or showing their different rooms such as their sensory room that is used for patients with developmental disabilities such as ADHD or autism.

3. How did you contribute to the service provided by the clinic nurse today?

Due to following the medical assistants for the day, I was only able to take on an observation role and watch the care that was provided to the patients. One of the medical assistants performed a strep throat swab on an adolescent. She then showed how the swab was prepped and put it into a machine that would notify the family of the results. I believe that the test takes approximately 3 minutes. Another opportunity that I had was to observe one of the medical assistants administer a baby their vaccines. The medical assistant was very quick and efficient in administering the vaccines to the baby.

4. Name **3** ways this clinical site impacts Pediatric health?

The pediatric clinic clinical site impacts pediatric health by being one of the first lines of health services provided to children. Pediatric clinics are important in ensuring infants reach their developmental milestones. Also, that they are receiving and are up to date on their vaccinations. Pediatric clinics also impact pediatric health by having services that help children who have developmental disabilities. Lastly pediatric clinics impact pediatric health by providing more specialized care specifically for infants all the way through adolescence. This specialized care is more efficient at being able to identify risk factors a child may be developing and detecting concerns early to prevent chronic illness or disease.

5. What are the health risks of the population served during today's clinical based on your observations today?

There are a few health risks that many of the children could be exposed to. Some of the ones that I observed at clinical were strep throat and lice. Strep throat is a health risk that children may develop during the fall/school time. Lice is another health risk that many school children may be exposed to due to the proximity of playing and interacting with other children while attending

school. I did not get to observe many of the children that were cared for today, but the medical assistants stated that since it is flu/RSV season, many of the children that are seen at the clinic are due to these symptoms. They also stated they have been seeing a rise in the number of children coming in for symptoms of pertussis or whooping cough.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

One diagnosis that could be used concerning pertussis is ineffective airway clearance related to excessive mucus as evidenced by ineffective mucus elimination, “whooping” sound cough, and altered respiratory rhythm (Phelps, 2023). A measurable goal the patient can reach is the patient will retain oxygen saturation at or above 92% and expectorate secretions effectively with or without assistance (Phelps, 2023). One nursing intervention that could be implemented is education on turning the patient every two hours in bed to help mobilize the secretions (Phelps, 2023). Another intervention that could be implemented is teaching the patient deep breathing and coughing techniques if the patient is old enough to follow directions (Phelps, 2023). This will help to eliminate the secretions. One final intervention could be to encourage adequate fluid intake to help thin the secretions to make them easier to expectorate (Phelps, 2023).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

My experience at the pediatric clinic showed me a glimpse at a different side of pediatric nursing. At the pediatric clinic they see a variety of patients for a variety of reasons. One thing I learned that will impact my career in nursing is reiterating the importance of vaccinations. It is important to be up to date on the knowledge and education of vaccines. It is also important to be aware of programs such as Vaccines for Children that provide free vaccinations to children who are eligible. This clinical experience will also impact the way I approach and care for children. I could see the difference in the way the medical assistants communicated between an infant and an adolescent. Knowing how to communicate with children of different age groups is important in being able to establish a trusting nurse-patient relationship.

References

Phelps, L. L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____