N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
    a. This clinical site relates to the Pediatric course perfectly. We are learning how to treat and manage care for children in pediatrics. This consists of adults who are under 18 years of age. This clinic provides care to that group of people. Many personal care providers work at this clinic and see patients. Caregivers at this location can communicate with the guardian of the child that they are seeing. Patients can do their annual checkups at this clinic as well. Patients with any concerns or questions can call the clinic to schedule an appointment or talk to an available nurse.
2. How were you an engaged nursing professional today?
    a. I was able to follow a licensed practical nursing professional to see patients. This allowed me to see the care and questions they complete before the provider goes in to see the patient. The LPN would assess the patient and then talk to the guardian and the patient about the issue or any problem they had. The nurse would then relay this information to the provider. I could also sit with a registered nurse who answered phone calls. This was different for me. I have not yet watched a nurse sitting at the desk talking to the patient's guardians on the phone. While following her, I sat there and listened to her conversations. The nurse also messaged the patient's guardians so that I could read that.
3. How did you contribute to the service provided by the clinic nurse today?
    a. I did some assessments on some of the patients when I followed the licensed practical nurse. This allowed me to assess children of all ages. I have just had the chance to do that at this clinical site. I was able to determine babies up to adolescents. I could also read and discuss the emails being sent between the parents and the nurse when I was following the nurse. The nurse would ask for my opinion on some of the parent's responses to her emails. This allowed me to think of what I would say back if I were a nurse working her job.

4. Name **3** ways this clinical site impacts Pediatric health?
    a. One way that this clinical site impacts Pediatric health is that it is easy for patient's parents to get ahold of caregivers if they have any concerns. At this clinic, if the patients have any questions, they can message the nurse through email. This makes it a lot easier than bringing the child into an appointment.
    b. This clinic also gives vaccines to patients. While following the nurse and licensed practical nurse, I was able to watch them give multiple vaccines to patients. This impacts Pediatric health because it helps keep the patient's immunizations records up to date.
    c. This clinic also allows many openings during the day for patients to be seen. The providers schedule the patients to be seen for 15 minutes so they can see many patients throughout the day. This impacts the Pediatric health by allowing patients to be seen as much and quickly as possible.

5. What are the health risks of the population served during today's clinical based on your observations today?
    a. One health risk that I saw with the population that was served at this clinical site was the time range. Patients were only reserved around 15 minutes to be seen with their care provider. This can cause the sessions to be rushed and cause the parents not to address all the concerns that they had.
    b. Another health risk that I saw was with one of the patients that I assessed. The patient was a child who came in with asthma and was having difficulty breathing. This patient is at health risk for decreased lung function and oxygen saturation (Hinkle & Cheever, 2022).
    c. Another risk was germs in the waiting room. The waiting room was in the hall and there were multiple chairs right next to each other. The chairs were not wiped off after being sat in by patients. Patients were also coughing while not covering their mouth. This is a risk for germs to be spread to the patients and the healthcare workers.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
    a. Impaired gas exchange related to low oxygen supply due to vasoconstriction as evidenced by the patient stating they are having difficulty breathing and the presence of accessory muscle use.
        i. A goal for this patient is to keep a patent airway and have them breathe without any complications before leaving the clinic.
            1. Interventions:
                a. Teach the patient and guardian breathing techniques such as purse-lip breathing.
                b. Check the patient's oxygen level with a finger probe until it is within the normal range.
                c. Educate the patient and guardian on identifying triggers that cause an asthma attack. If the patient and guardian can figure these triggers out, then it will decrease the probability of the patient having an asthma attack.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

    a. The shadowing at the Pediatric clinic in Mattoon will impact my nursing practice after school. This allowed me to see two different types of nursing jobs. I have never followed anyone at a clinic as well, so this was a nice change of pace. It would help me with communication via email messaging if I decided to be a registered nurse who answers phone calls. It also helped me to do assessments on children of multiple different ages. I had a licensed practical nurse watching over me. Therefore, she was able to correct any mistakes I made or answer any of the questions that I had.

Reference:

Hinkle, J. L., & Cheever, K. H. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing* (15th ed.). Wolters Kluwer Health Lippincott Williams & Wilkins

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==Must use 1 scholarly reference (published within the last 5 years)== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____