

The Haven

My group and I went to The Haven on September 11th and September 25th. The POC Courtney Arnold is the service coordinator at The Haven. Courtney was super helpful and directed us on different tasks that we could do for the staff and for the residents that live there. The first day Courtney showed my group and I around the facility and then we were directed to clean the two-family rooms that are available at The Haven. We gathered our cleaning supplies from Courtney and started cleaning. We took the dirty sheets off the beds and took them to the laundry room. We then took some cleaning spray and paper towels and wiped down everything that could be wiped down. There were some children toys that we cleaned and wiped down too. Next, we mopped the floors. As the floors in the rooms were drying, we mopped the bathroom that is for the families only. Then after the floors were dry we gathered clean sheets and blankets from the closet and put them on the beds. Courtney showed us the conference room that the facility has, and we set in there and interviewed Courtney about herself and about the facility. When the group and I came back on September 25th we prepared dinner that night for the facility. Courtney told us we could prepare anything we wanted, and the group decided to make tacos for the residents. We chopped up lettuce and tomatoes. We shredded cheese and cooked the taco meat. After we cooked the meat, we throw it in a crockpot for dinner later that night. After we were done preparing dinner, we did the dishes and cleaned/wiped down the kitchen. We then chatted with the residents who were coming and going from the facility. I believe that this was a good experience for the group, because it helped us connect with a different population and how to help and incorporate nursing into this facility with promoting hygiene and good health.