

N444 Concept Synthesis  
Proctored ATI Remediation Template

Student Name: Vanessa Jackson

Assessment Name: **ATI Capstone Comprehensive Assessment Form B**

Semester: Fall 2024

**Main Category #1: Psychosocial Integrity**

**Subcategory: Mental Health Concepts**

**Topic: Assessing an Older Adult**

- Assesses the client's ability to independently get dressed or manage household tasks.
- Assesses the client's environmental factors (stairways in the home) that can affect the client's well-being
- Use a private, quiet space with adequate lighting to accommodate for impaired vision and hearing.

**Topic: Adverse Effects on Disulfiram**

- Disulfiram can cause blurred vision and mental confusion.
- Disulfiram can cause diaphoresis and anxiety.
- Disulfiram can cause chest pain, nausea, and vomiting.

**Subcategory: Stress Management**

**Topic: Teaching Progressive Muscle Relaxation**

- This technique involves purposefully tensing specific muscle groups and then relaxing them in a progressive format.
- This can be performed with external feedback or without.
- Progressive muscle relaxation is an easy technique that can be performed almost anywhere.

**Subcategory: Therapeutic Environment**

**Topic: Actions to Take for a Preschooler Who is in an Acute Care Facility**

- Preschool-aged children are egocentric and relate fears to magical thinking.
- Hospitalization can cause the child to experience separation anxiety, displays of intense emotions, and exhibiting regressive behaviors.
- Provide toys that allow for emotional expression (a pounding board to release feelings of protest).

**Main Category #2: Basic Care and Comfort**

**Subcategory: Assistive Devices**

**Topic: Evaluating Understanding of Hearing Aid Care**

- To clean the ear mold, use mild soap and water while keeping the hearing aid dry.
- When the hearing aid is not in use for an extended length of time, turn it off and remove the battery to conserve power.
- Use the lowest setting that allows hearing without feedback.

**Subcategory: Elimination**

**Topic: Strategies for Promotion Urination**

- Give male clients a urinal.
- Clients with a fracture, must remain supine and require a fracture pan for urination.
- Provide for privacy needs with adequate time for urination.

**Subcategory: Nutrition and Oral Hydration**

**Topic: Dietary Recommendations for a Preschooler Who Has Celiac Disease**

- Recommend they eat foods that are gluten-free (milk, cheese, rice, corn, eggs, potatoes, fruits, vegetables, fresh meats and fish, and dried beans).
- Avoid snacks like graham crackers because they are made from wheat flour.
- Eliminate foods containing gluten such as wheat, rye, and barley.

### Main Category #3: Management of Care

#### Subcategory: Advance Directives/ Self- Determination/ Life Planning

##### Topic: Documenting Admission Data

- The PSDA requires asking all clients on admission to a health care facility whether they have advanced directives.
- Staff should give clients who do not have advance directives written information that outlines their rights related to health care decisions and how to formulate advance directives.
- A health care representative should be available to help with this process.

#### Subcategory: Assignment, Delegation and Supervision

##### Topic: Evaluating an Assistive Personnel's Performance

- The nurse must remember that it is their responsibility to ensure that clients receive safe, effective nursing care even in tasks delegated to others.
- The delegating nurse must provide supervision either directly or indirectly (assigning supervision to another licensed nurse).
- The nurse must monitor the performance, provide feedback, and intervene if necessary.

#### Subcategory: Case Management

##### Topic: Planning Discharge Teaching for a Client Who Is Postoperative Following a Modified Radical Mastectomy

- The nurse should inform the client that numbness can occur along the inside of the affected arm.
- Instruct the client that the drain will be removed when there is 25 mL of output or less over a 24-hr. period.
- Avoid using the affected arm for eating.

##### Topic: Interventions to Promote Client Independence in a Rural Area

- Telehealth is particularly useful in rural areas.
- Home care services increasingly using telehealth technologies in the delivery of client care.
- Telecommunication technologies can transmit physical, audio, and visual data.

#### Subcategory: Client Rights

##### Topic: Respecting Client Rights

- Nurses are responsible for understanding and protecting client rights.
- Clients who have a mental health disorder diagnosis or who are receiving acute care for mental health disorder are guaranteed the same civil rights as any other citizen.
- Intentional torts are willful actions that damage a client's property or violate client rights.

#### Subcategory: Ethical Practice

##### Topic: Identifying an Ethical Principle

- Nurses must have an understanding of ethical principles and how they apply when providing care for clients in mental health settings.
- Nurses can experience situations where there will be a conflict between two or more courses of action, known as an ethical dilemma. The nurse should respond to these situations using the bioethical principles.
- A nurse who works in the mental health setting is responsible for practicing ethically, competently, safely, and in a manner consistent with all local, state, and federal laws.

#### References (1):

(2022). *RN ati capstone proctored comprehensive assessment form B*. <https://www.atitesting.com>