

N431 Adult Health II

Clinical Reflection Form

Name: Tyranny Davis

Date: 10/21/2024

Clinical Rotation Site: Carle CCU

1. Briefly write about today's experience(s)

I had an awesome experience in the CCU. I was able to pass medication, help transfer patients, participate in a bronchoscopy procedure, administer blood products, and work with the interprofessional team. I got to see what the CCU is like firsthand and learned about boundaries and relationships with client families. My preceptor asked questions and prompted me to make clinical judgements and helped to connect course material to clinical practice.

2. What is one thing you learned?

I learned that during bedside procedures, it can be beneficial to write down the time and dosage of medications given to accurately chart the information later, as there may not be adequate time during the procedure to do so.

3. What is one thing you would do differently?

I would have spent a little more time speaking with the less critical patient, as she seemed lonely. At the end of my shift, she asked for a shampoo cap, but I had to leave that task for the next student nurse.

4. What is your major "take home" from today's clinical experience(s)?

My major take home from today's clinical experience is that I enjoy critical care and can see myself working on a similar unit when I begin my nursing career. I liked the level of care that the nurse was able to provide, and the interactions they had with other healthcare professionals in caring for their clients.

5. Is there anything else you would like to mention?

Heiddi was an awesome preceptor. She took the time to explain the why for certain medications, routines, and care tasks. She provided ample opportunities to practice skills and prompted me to use knowledge learned at school to answer questions.