

## **N433 – Active Learning for School Nurse Shadowing Experience**

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

### **1. How does this clinical site relate to the course?**

- This clinical site relates to the pediatrics course because it is directly related to the care for children in a community setting. It provides a different perspective of care, one without the setting of a hospital or clinic, in which nursing skills and judgements are performed to ensure the care and safety of the school-age kids. The nurse has a great responsibility over many patients and works with a wide range of medical conditions that require nursing intervention. This nursing student related a lot to the job of the school nurse because it was fast paced with kids coming in and out almost non-stop, where the nurse would triage and treat each individual kid's needs.

### **2. How were you an engaged nursing professional today?**

- During the clinical shadowing experience, this nursing student demonstrated professionalism in interacting with both the school nurse and the students. This student utilized the skills they have learned by taking the appropriate safety precautions and measures to care needed to provide effective treatment. This student nurse communicated clearly and effectively, made use of resources, gathered objective and subjective data, and served the individual needs of each kid. When the nurse asked for the nursing student to perform a task, it was completed in a timely manner. This student nurse represented the values of the college and maintained professionalism while wearing the appropriate uniform.

### **3. How did you contribute to the service provided by the school nurse today?**

- In the clinical experience today, this nursing student helped the nurse in performing a variety of tasks to complete patient care. This nursing student would triage each kid that came into the office by first saying, "What is your name and what brings you here?". After the student responded with their need, this nursing student would then take the appropriate measures to meet those needs. This nursing student got medications from the nurse's cabinet and gave them their pills, gave ice packs, performed minor wound care, auscultated breath sounds, helped with inhaler education and treatment, assisted the nurse in administering insulin, and was also there to talk and comfort students. In addition, this nursing student also helped the nurse by writing down all the triage notes on to note pads so that she could then go back and log each individual event into the computer.

### **4. Name 3 ways this clinical site impacts Pediatric health?**

- One way in which this clinical site impacts pediatric health is by ensuring these kids are getting the appropriate medical treatment they need daily in school. This specifically referring to kids that need

insulin, or other daily medications on a timely basis to ensure they are getting their needed daily doses. A second way in which this site impacts pediatric health, is by providing immediate care to kids who have cuts, scrapes, swelling, and bruising. Acting as a small emergency department, kids who come in with these injuries are cleaned up, given ice packs, bandaged up, and if needed splinted to help relieve pain and inflammation. Lastly, this clinical site greatly impacts pediatric health because these kids have someone to go to who they have established a relationship with clinically. One of the hardest things in caring for pediatric patients is establishing trust and rapport, in which a school nurse has with their students. This is someone the kids can go to and tell things that other people may not know; whether this be issues at school, at home, or within themselves.

**5. What are the health risks of the population served during today's clinical based on your observations today?**

- The major health risks this nursing student observed today in kids were respiratory complications. Being that we just had a seasonal change and the weather dropped in temperature, we are now on the verge of Influenza, RSV, Rhinovirus, and COVID-19 season. This means that kids who struggle with mild to severe asthma are more susceptible to having exacerbations of their symptoms, requiring an albuterol inhaler or whatever their means of prescriptions are to help minimize and control these symptoms to maximize airway patency and normal respiratory effort. Infections spread through school systems rapidly, which also causes a lot of respiratory depression for kids. This nursing student witnessed multiple kids coming into the nurse's office today with increased nasal drainage, cough, and tachypnea.

**6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.**

- **Nursing Diagnosis:** Ineffective breathing pattern related to viral infection as evidenced by abnormal breathing pattern and tachypnea (Phelps, 2022).
- **Nursing Interventions:** Educate and teach breathing techniques such as pursed lip breathing and deep breathing (Phelps, 2022). Ensure the student is maintain adequate fluid intake (Phelps, 2022). Monitoring vital sings and auscultating lung songs (Phelps, 2022). Educating on use of inhalers for bronchodilation and improved airway clearance (Phelps, 2022).
- **Measurable goal:** The student will improve breathing pattern by performing at least 3 deep breathing and coughing exercises independently to prevent more than 1 use of their inhaler per school day.

**7. How will your experience during the School Nurse job shadowing impact your Nursing practice?**

- This nursing student's experience during the school nurse job shadowing will impact their nursing practice greatly, being that this nursing student plans to work in the emergency department upon graduation. This nursing student will have the opportunity to interact and take care of kids daily in the ER, which is something this nursing student have not always been comfortable doing. This nursing student feels that seeing the routine care of kids from the perspective of a school nurse as opened their eyes to what some kids go through daily. This nursing student felt more comfortable and familiar with taking care of kids after this clinical experience, since this nursing student doesn't have and younger siblings or kids of their own. This nursing student is grateful for this experience and truly was not aware of just how much responsibility a school nurse has. This nursing student will

be sure to be mindful in their future nursing practice of kids and what they may be going through daily regarding their medical history and emergent issues.

## References

Phelps, L. L. (2022). *Sparks and Taylor's nursing diagnosis reference manual* (12<sup>th</sup> ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**