

N431 Adult Health II
Clinical Reflection Form

Name: Kaleb Kelly

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Clinical Rotation Site: Sarah Bush Lincoln (4 West)

1. Briefly write about today's experience(s)

- In my experience at clinical, I feel that I have gained more confidence in my nursing knowledge and skills. To this date, I have had the opportunity to shadow on the floor, at the cancer center, and in the emergency department. I have had several chances to start IVs, one straight catheter, two port accesses, and had a lot of great patient/nurse interactions. I have had the opportunity to pull medications, and then administer them PO, IM, SubQ, and IV push. In addition, I have hung IV fluids, and antibiotics, and learned about medications I was not familiar with. Overall, I have had a lot of opportunities to work on my nursing skills!

2. What is one thing you learned?

- I learned in the emergency department that for a patient with hyperkalemia we give both IV insulin and dextrose. Insulin works to push the potassium into the cells, effectively helping to lower the potassium level. The dextrose is then given to counter the insulin to make sure we are not dropping the patient's blood glucose to a dangerous level.

3. What is one thing you would do differently?

- One thing I would do differently would be to just continue to step out of my comfort zone and ask the questions I'm thinking, or to jump in and do the nursing task that I need practice with. I sometimes find myself doubting my abilities even if I have the knowledge and guidance to do so.

4. What is your major "take-home" from today's clinical experience(s)?

- My major take-home lesson from clinical experience is that you must approach every new patient with an open mind. They may come in for the same need or diagnosis as the last; however, each patient has specific needs that can shape their plan of care. It is important to not "be routine" but to advocate for each patient's needs if necessary.

5. Is there anything else you would like to mention?

- Nothing further to discuss