

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site:

1. Briefly write about today's experience(s)

This clinical rotation has been highly informative and academically beneficial in addition to the course material we are learning. I feel that I have gotten the most hands-on experience in this clinical rotation, as all the nurses and staff that I have been with have been willing to let me learn and try new things. It is starting to become easier to relate the material we have learned to each patient condition as we move further along in the clinical field.

2. What is one thing you learned?

One new skill that I learned in the emergency department rotation was a straight stick blood draw. The nurse I was following was extremely helpful in guiding me through the process and I felt comfortable while doing something new. Although the technique with the needle was just like inserting an IV, the process following the insertion was a little different.

3. What is one thing you would do differently?

One thing I would do differently is ask more questions than I have. Although I have learned a lot throughout this clinical, there is always more to learn, and I should take advantage of the staff being so willing to teach me.

4. What is your major "take home" from today's clinical experience(s)?

My major "take home" from this rotation is that every nurse has a different routine, and they are successful because they are consistent with that routine each day. There have been little techniques from each nurse that have stuck with me and will one day help me in building my own routine.

5. Is there anything else you would like to mention?

I feel that it may be beneficial to all of us students to have 2-3 rotations through the ER rather than just one. The ER is where we see the most variety of conditions, and it gives us the chance to test out many different skills that we have practiced.