

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

a. The clinical site was The Carle at the Riverfront in Danville. We were on the pediatric floor at the clinic. Although the day we went was not busy, we saw a 2-week-old baby boy and an 18-month-old boy during their well-baby visit. It relates to this course because we learn about caring for patients from birth to adolescence. The 2-week-old baby was just there for a checkup, and he had his length and weight taken. He also had a head circumference that was within normal limits. The average size for newborns at birth is 20 inches, and the head and chest circumference are usually equal, with a chest slightly smaller, usually 1 to 2 cm less than the head (Rudd & Kocisko, 2023).

2. How were you an engaged nursing professional today?

a. During clinical, I observed the CMA as she took her assessments and learned about ambulatory nursing from the nurses. The nurses called the patient's parents regarding scheduling their next appointment, providing education over the phone, or relaying information from the provider. Another thing that I learned that the nurses at the clinic do is they also call the patient's insurance companies if any problems arise. Aside from that, they answer questions from the parents or patients via MyChart. During clinical, a nurse came to the ambulatory nurse, and we were shadowing her to inform her of the changes the providers want to make, such as if the patients are 10 minutes late to the appointment, to let them still come and not turn them away.

3. How did you contribute to the service provided by the clinic nurse today?

a. We were not allowed to do much during the clinical rotation at the clinic but to observe and ask any questions. The nurses and CMA were very friendly and answered our questions

regarding a typical day at the pediatric clinic. The nurses said it was a slow morning, so they mostly responded to emails and took phone calls during my clinical experience. The CMA just liked us to observe during her assessments as we stood by a corner to see how the patients reacted to being seen at the clinic. The CMA had great patience with the young children and knew quick tricks to help make the assessments less stressful. For example, during the 18-month-old baby appointment, she needed to listen to the young boy's heart, so she took her stethoscope and first listened to his hand, arm, leg, and stomach before going to his heart, where he let her listen without complaint.

4. Name **3** ways this clinical site impacts Pediatric health?

a. The first way that this clinical site impacts pediatric health is that they do well-baby checks to ensure that during each stage of life, whether it is newborn to 12 months through to adolescence, the patient is growing at a healthy rate for that patient. Another way that this clinical site impacts pediatric health is that it provides education for both the parents and the patient. For instance, if the community has a high rate of RSV or rhinovirus, they will provide information regarding how it is transmitted and how to prevent it or treat it if, they are positive. Lastly, the third way that this clinical site impacts pediatric health is it provides a flu shot drive for the community during the flu season to help the community reduce the spread of the flu or help reduce the flu symptoms for patients who encounter the virus.

5. What are the health risks of the population served during today's clinical based on your observations today?

a. There were no current health risks for the patients we saw during clinical. But the 18-month-old most likely got his 18-month vaccinations. Getting the vaccinations lowers the likelihood of contracting an illness by enhancing the body's natural defenses. The immune system reacts when you receive a vaccination. So, the population's health risk is to ensure that the patients' vaccines are up-to-date so that they will have immunity towards certain diseases or built-up antibodies as they age. Other than the vaccinations, the patients who came in were healthy and not in pain or illness.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
  - a. Knowledge deficit related to vaccinations as evidenced by the concerns about side effects. A measurable goal for this nursing diagnosis is to educate the parent and answer any questions they may have regarding the vaccines and any possible side effects. Providing education or reassurance will help ease their concerns. One nursing intervention is sitting with the patient and their parents in a quiet place. The second nursing intervention is to get an idea of the parent's knowledge level regarding the vaccines and the information on them. The third intervention is to provide education regarding the vaccines and have the parents list any questions they have after the education. By doing these interventions, it will help the nurse achieve their goal.
  
7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?
  - a. My experience during the ambulatory clinic job shadowing would impact my nursing practice by providing me with insight into what an ambulatory nurse does on a typical workday compared to a floor nurse at a hospital. Seeing the differences helps me get a better understanding of the different roles and responsibilities each nurse has. I would like to be a floor nurse as a new grad nurse to keep my skills or gain new skills, and maybe later in my life, after years as a floor nurse, I could see myself going into ambulatory clinic nursing.

## Reference Page

Rudd, K. & Kocisko, D.M. (2023). *Davis advantage for pediatric nursing: Critical components of nursing care* (3<sup>rd</sup> ed.). F.A. Davis

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

Total Points \_\_\_\_\_