

1. How does this clinical site relate to the course?

All the appointments that came in during the day were routine check-ups to ensure the child was growing how they were supposed to be for their age. In this class, we focused a lot on the developmental milestones during the first two units, so it was interesting to see how these routine appointments briefly take place. Ensuring a child has routine check-ups is important because it ensures they are growing how they are supposed to and healthy. However, as student nurses there was not much for us to do. We briefly followed the healthcare technician for two appointments, and that was the only thing we could do. The nurses only made phone calls to guardians while we were at the clinical.

2. How were you an engaged nursing professional today?

I tried to pay attention to the best of my abilities whenever one of the nurses began talking. Unfortunately, there were not many nursing opportunities during this clinical rotation; during my time there, the nurses only made two phone calls to guardians. There was only one nurse during half of the shift, and even she said that there really was not much to do and that there were not many appointments for the morning that day. I tried to engage by following the healthcare technician around, but as previously stated, there were not many appointments for that day, and even then, what the healthcare technician did was relatively quick.

3. How did you contribute to the service provided by the clinic nurse today?

To be completely honest, I did not contribute to the service provided other than greeting the patients and watching the healthcare technician perform vitals. Realistically, there is not much for a nursing student to do in this clinical since we do not have any background information on the children, and we cannot handle any of the paperwork being done. We also cannot make any phone calls to the

guardians, which is most of the work being done at this rotation. I tried my best to appear welcoming and friendly to any families walking in to set a good atmosphere for the clinic.

4. Name 3 ways this clinical site impacts Pediatric health?

The clinical site is very impactful when it comes to pediatric health. The outpatient pediatric clinic allows children to have regular check-ups with the same provider, which ensures that the child is meeting all milestones and that they are progressing. The clinic also allows for early intervention for any behavioral or developmental issues or concerns. If the child goes to their regular scheduled appointments, any issues can be caught early on and worked on before progressing into something worse. The clinic can also help the child with any issues that seem not to be going away but are not severe or an emergency.

5. What are the health risks of the population served during today's clinical based on your observations today?

The two patients I observed today were in for routine check-ups; one was getting their two-week checkup, and then the other patient was getting his 18-month checkup. The biggest risk for these two patients would be them not meeting the goals or developmental stage necessary for them to be at their respective ages. Another risk would be them completely not showing up to their appointments and any developmental or behavioral issues not being addressed promptly. At 18 months, the child should be starting to walk. Being able to walk allows them to explore for themselves, which puts them at a greater risk of finding objects and potentially injuring themselves or swallowing something.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Risk for injury in relation to insufficient knowledge of modifiable factors (Phelps, 2023) The child's family should baby-proof their house and make sure to reduce any potential harm in their house. This can be measured by going through their house and ensuring any cabinets are locked, outlets are covered, and anything potentially harmful is removed. Interventions for this diagnosis include assisting the family in identifying any potential situations or hazards that can harm or injure their child (Phelps, 2023). The family can also assess if the child has motor, mental, or sensory deficits that could make them more susceptible to an injury (Phelps, 2023). A final intervention to decrease any injuries would be for the family to discuss safety rules with their child and reinforce whether something is dangerous or what they should not do.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

My experience during the ambulatory clinic job was pleasant, and all the nurses were really nice, but it made me second guess about going into an outpatient clinic nursing job. At least during this experience, it seemed like the healthcare technician was the most hands-on during this clinic, and then the APRN took care of anything else pertaining to the child. The nurses mostly handled the paperwork, making phone calls to guardians, and setting up or follow-up appointments. This is important to nursing because it ensures that the proper care is being given to the patient; however, I prefer to avoid making phone calls or being at a desk for the majority of the day.

## Reference

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.